



High School Basketball League Rules

(UPDATED 09/22/2020)

1. Games will be played using modified high school rules. A 29.5 size ball will be used for all games.
2. All players must be registered and a form must be on file and signed by a parent/guardian before they may participate in any game. A Code of Conduct form must also be signed. Any violations of this rule will result in a forfeit of any illegal games the player has participated in.
3. Players may only play on 1 team. Players are not permitted to play in more than one league.
4. Each player must wear their designated game shirt or a shirt of the same color as their team or they will not be permitted to play. Exceptions may be made by the Director, only until the designated shirts arrive.
5. Each team will be given two 30-second timeouts per half. Timeouts do not carry over into the next half of play or overtime.
6. Modified Clock – The game will consist of two 20-minute halves with a continuous clock. The clock will be standard and stop on the official's whistle with two minutes and less in the first and second half.
7. Ending a Game Early/"Mercy Rule" – The game may be called before time has expired. This will occur in any of the following circumstances:
 - a. If a physical altercation between two teams occurs during gameplay. The team that will get the win will be determined by the Director and game officials after the incident has been resolved.
 - b. If the point spread is 20 or more with 2 minutes or less in the game.
8. Two game officials will be assigned to each game.
9. A 5 minute grace period will be allotted for each game. If a team is not ready at the designated game start time, 5 minutes will be put on the clock. If the team is still not ready after the buzzer, the game clock will begin to run. Teams must have at least 4 players present who are on the team roster to begin a game. If it is evident the game will not take place, the game will result in a forfeit. Per insurance and liability reasons, game officials do not officiate a game that is considered a forfeit. For the benefit of all teams involved, please be sure that your players are present and ready at their designated game start time.
10. 2 forfeits will result in a team not being eligible for the postseason tournament.
11. Each team will be able to reschedule 1 game due to a school related conflict and must be approved by the Director.
12. Any necessary make up games will be played on Sundays at the discretion of the Director
13. Water is the only food or drink permitted in the YMCA Gymnasium.
14. Players will be eliminated for the game after 5 personal fouls. 2 technical fouls will result in the player being ejected from the game. Any player ejected for conduct will not be eligible to play in the team's next scheduled game. No exceptions. If the same player is ejected for conduct in a separate game (resulting in a total of 2 games being ejected), that player will not be able to participate in the YMCA League.
15. If there is a tie in record, tournament play seeding will be determined by point differential (points scored vs. points allowed).
16. Conversations between the game officials and players should be limited to timeouts and other dead ball situations.
17. If at the end of regulation there is a tie in score, overtime will occur. Overtime will consist of a 2 minute period, starting with a jump ball. The clock will be standard. One 30-second timeout given to each team. After the first overtime if the score remains tied, an extra 2 minute period will occur. Game will end after double overtime.
18. Any Negative contact/conversations with the game officials after the game may result in a 1 or 2 game suspension or possible expulsion from the league. This will be at the discretions of the Director.
19. Rosters must be turned in to the YMCA by November 13th (for jersey ordering purposes) and cannot be changed without the approval of the Director.
20. Please be respectful and pick-up after yourself (i.e.: empty water bottles, athletic tape, etc.) Trash receptacles are located all throughout the YMCA.

**** This is a YMCA league; therefore, YMCA conduct is expected! The use of foul language will not be tolerated. Abusive language directed towards anyone will result in technical fouls, suspension or removal from the league.**