



# YMCA OF CENTRAL STARK COUNTY CO-ED ADULT VOLLEYBALL RULES

## 1. GENERAL RULES

- a. All players **must sign a team roster before they may participate in any game**. Players will not be permitted to participate for a team if they have not signed the roster. Any violations of this rule will result in a forfeit of any illegal games the player has participated in.
- b. **Teams may have up to 12 players on their roster. Teams may add players to their roster throughout the regular season but may not exceed 12 people.**
- c. **Once a player participates in a game, that player is counted toward the teams 12 player maximum.**
- d. Players may only play on (1) team, this includes subs.
- e. We ask that each player wear non-marking tennis shoes for game play. Please do not wear street shoes on the court.
- f. Please be respectful and pick-up after yourself.
- g. **COVID PRECAUTIONS:**
  - i. If you are feeling sick, please stay home.

## 2. GAME TIME

- a. Please have your team ready at least 10 minutes before the game.
- b. A (5) minute grace period will be allotted for each game. If a team is not ready at the designated time, (5) minutes will be put on the clock. If the team is still not ready after the (5) minute buzzer, the game will result in a forfeit. Teams must have (4) players present who are on the team roster to begin a game.
- c. Pre-match coin flip winner will determine serve/side.

## 3. RULES

- a. Games played by OHSAA rules and modified rules.
- b. Net Height: 7 feet, 11  $\frac{3}{8}$  inches
- c. The standard 6 players may be on the court at the same time. (Minimum 2 females)
  - i. Teams are permitted to start and finish the game with 4 players (Minimum 2 females)
- d. 3 sets will be played every match regardless of the outcome of the first 2 sets.
- e. Play to 21, win by 2 with a cap of 25.
- f. One 30 second time out per set.
- g. Serves- Due to gym size, players may step on the service line during their serve.
- h. **Tournament Play:** To be eligible for play-offs, a player must be on the team roster **and** have played at least one set during the season.
- i. Please remember the 6 Pillars of the YMCA before, during and after each match (Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship)

## 4. TEAM CAPTAINS

- a. Game schedules will be posted online at [www.quickscores.com/ymcastark](http://www.quickscores.com/ymcastark)
- b. Conversations between the game officials and players are to be made by the team captain only. Conversations should be limited to time-outs.
- c. Any negative contact/conversation with the game officials after the game may result in a (1) or (2) match suspension or possible expulsion from the league. This will be at the discretion of the Director.
- d. Please make your team/fans aware there is no tolerance for disruptive or disrespectful behavior.

## 5. OFFICIALS

- a. One game official will be assigned to each game.
- b. Calls will be in accordance with the rules of volleyball as interpreted by the officials.
- c. All copies of league rules, game schedules, and team rosters will be located at the scorer's table.