the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL CROSS COUNTRY 2019

The Y nurtures the potential of children through youth sports programming by strengthening character in our youth, engaging families, and building lasting relationships. Participants in these programs build skills, learn about teamwork, and focus on sportsmanship. Families are presented with second-to-none volunteer opportunities as coaches, team parents and committee members.

Grades
Kindergarten – 8th Grade

When
Early registration is June 11, 2019 to 8:00 pm on July 28, 2019 5:00 pm
Final registration begins July 29, 2019 (If space is available and includes an additional $20 fee.)

Where
Register at the NORTH SIDE YMCA or online at www.quickscores.com/ymcaokc

Contact
Norris Williams, NORTH SIDE YMCA Sports Director

League Cost
$0 for YMCA Family Members during early registration and $20 during final registration
$45 for YMCA Youth Members during early registration and $65 during final registration
$55 for Non Members during early registration and $85 during final registration
(To receive member rates, the membership must remain current the entire season)

Uniform Cost
$15 Green & White Reversible YMCA All Sports Jersey
Jerseys are available at the front desk or online at the YMCA Store at www.quickscores.com/ymcaokc
(Participants may also wear YMCA Basketball Jerseys)

Meet Locations
9/15 – Edmond Area
9/22 – Earlywine Park
9/29 – Bethany Area
10/6 – North Side YMCA Area

Additional Information
Please see reverse side for more information

Coaches Needed
The YMCA uses volunteer coaches to provide leadership to the community through structured athletic activities. If you are interested in coaching, please contact the Sports Department for more information or visit the Coach & Parent Resources Tab at www.quickscores.com/ymcaokc

Important Dates

- Coaches Meeting 7:15 pm Tuesday August 13, 2019 at NORTH SIDE YMCA
- If you have not heard from a coach by August 26, 2019, please call the YMCA
- Practices Begin week of September 2, 2019 (1 practice per week)
- See Meet Schedule Above (All Sunday Meets)

Upcoming Sports Registrations
Winter 2019/2020
YMCA Thunder Basketball League and Champions League
August 14, 2019 – October 28, 2019

Spring 2020
Soccer, Volleyball, Track & Field, Golf, Tennis, and Miracle League Baseball
December 4, 2019 – February 2, 2020

www.quickscores.com/ymcaokc
Is the website used for Parent's Orientation Video, schedules, standings and other information on YMCA Sports.

YMCA Mission
To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

Financial Assistance
It is the policy of the YMCA of Greater Oklahoma City that no person be denied membership or program participation due to the inability to pay. Funds for financial assistance are provided through the United Way and the YMCA's Annual Support Campaign.

the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CROSS COUNTRY 2019 REGISTRATION FORM

Grade Divison (child's grade Fall 2019):

☐ Kindergarten/1st ☐ 2nd/3rd ☐ 4th/5th ☐ 6th/7th ☐ 8th

Location:

☐ Bethany YMCA/Rockwell Plaza YMCA ☐ Chickasha Area YMCA ☐ Earlywine Park YMCA

☐ E.L. Gaylord Downtown YMCA ☐ Guthrie YMCA ☐ Midwest City YMCA ☐ Mitch Park YMCA/Rankin YMCA

☐ North Side YMCA ☐ Stillwater YMCA

Participant Name: _____ Gender: ☐ Male ☐ Female DOB: _____

Parent(s)/Guardian(s) Name: _____ Parent DOB: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Email: _____ Child's Current Grade: _____

Are you willing to be a Volunteer Coach? ☐ No ☐ Yes, Head Coach ☐ Yes, Asst. Coach

School/Player Request: _____ (Requests are not guaranteed) Coach Request: _____ (Requests are not guaranteed)

Would you like to learn more about supporting our Annual Campaign? ☐ No ☐ Yes

---

Hold harmless agreement: I, on behalf of myself and any other individuals named in this application (each individually a "Member" and collectively the "Members"), agree to indemnify, release, discharge, and hold harmless the YMCA of Greater Oklahoma City (the "YMCA") from all claims, actions, suits, demands, damages, liabilities, costs, and expenses, of any nature whatsoever, whether personal or property, that may result from any Member's use of the YMCA facilities, premises, or equipment, or any Member's participation in any activity conducted by, provided through, or associated with the YMCA.

Photo and video/audio recording release: I, on behalf of myself and any other individuals named in this application, authorize and grant the right to the YMCA USA, and third parties collaborating with the YMCA or YMCA USA to use, reproduce, publish, and depict any Member's name, voice, words, or likeness, in any manner that the YMCA or YMCA USA deems necessary or appropriate, in all media, worldwide in perpetuity, in connection with the production, distribution, marketing, promotion, advertisement, packaging, sale, publication, exhibition, or exploitation of such Member's experience at, or narrative account of, the YMCA's facilities, including in any print advertisements, broadcasts, telecasts, or retransmissions of or regarding the YMCA, without any compensation to, or claimed by, any such Member.

Signature _____ Date _____

the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRACK & FIELD
2019 REGISTRATION FORM

YMCA of Greater Oklahoma City – Parent Code of Ethics

- I will encourage good sportsmanship by demonstrating positive support for all players coaches and officials at every game, practice or other youth sports event.
- I will place the emotional and physical well being of each child ahead of a personal desire to win.
- I will support the implementation of the YMCA's four character development values-caring, honesty, respect and responsibility.
- I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- I will demand a sports environment for my child that is free of drugs, tobacco and alcohol, and will refrain from their use at all YMCA youth sports events.
- I will remember the game is for youths – not for adults.
- I will do my very best to make the youth sports experience fun for my child.
- I will help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching or character development or providing transportation.
- I will treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability.

I hereby pledge to provide positive support, care and encouragement for my child's participation in YMCA youth sports by following the Parents' Code of Ethics.

Signature _____ Date _____

Child's Name _____ Grade _____ YMCA Branch _____

YMCA of Greater Oklahoma City – Consent to Treat

As the parent and/or guardian, I do herewith authorize the treatment by a qualified and licensed medical doctor of the following minor in the event of a medical emergency which in the opinion of the attending physician, may endanger his or her life, or cause disfigurement, physical impairment, or undue discomfort if delayed. The authority is granted only after reasonable effort has been made to reach me.

This release form is completed and signed of my own free will with the sole purpose of authorizing medical treatment under emergency circumstances in my absence.

Name of Minor: _____ Relationship: _____

Emergency Contact Number: _____

Parent/Guardian Signature: _____ Date: _____

Family Physician: _____ Phone: _____

Additional Emergency Contact:

Name: _____ Relationship: _____

Phone: _____