

# 2017 YMCA SAND VOLLEYBALL RULES:

## **League Information:**

- ❖ Each team will play 12 games.
- ❖ All league fees must be paid prior to playing.
- ❖ All games will be held at the Minot State Sand Volleyball court.
- ❖ Score keeper and Referee are provided.
- ❖ **No profanity will be tolerated.**
- ❖ Referee, Site Manager, and Score keeper have the authority to ask any player or fan to leave the area if behavior is inappropriate for YMCA event.
- ❖ Rainouts will be rescheduled when possible. Rainouts will be posted on our YMCA Minot Facebook page by 4pm.

## **Minimum Team Requirements:**

- ❖ Each team will be allowed a maximum of six players on the court. Teams must consist of a minimum of 4 players (minimum of 2 females) on the court at all times. You must have a 1-1 ratio of guy to girl on the court at all times. You may have more girls than guys. (No Ghost rule will be allowed)
- ❖ Only players listed on your roster are allowed to play in any game. Rosters can have a maximum of 10 players per team.

## **Games and Scoring:**

- ❖ First serve will be determined by the flip of a coin or rock, paper, scissors. Serve will rotate game to game. (Example: Home, Visitor, Home)
- ❖ Games will be played the best of 3 sets. The first two games will go to 21 points. The last game will be played to 15 points. Teams must win by 2 points.
- ❖ We will be using rally scoring. "Rally Score" means that every time a point is finished, one team will be awarded a point, whether they served or not.

## **Service and Rotation:**

- ❖ The server may not step on or over the end line until the ball has been contacted. The width of the service area is from sideline to sideline. The depth of the service area is infinite.
- ❖ The serve may not be blocked or spiked.
- ❖ Players can return the serve by:
  - Bump pass
  - Clasping their hands together
  - A closed fist
- ❖ Serves that hit the net and land on the opponents side will be considered a live serve.

## **Playing the ball:**

- ❖ **THREE CONTACTS:**
  - Each team is allowed a maximum of 3 successive contacts of the ball in order to return the ball to the opponent's area. (Exception: In the action of blocking an attacking ball, the touch, or contact resulting from the block attempt does not constitute one of the three successive contacts). **There are no male/female hitting rules.**
- ❖ **ATTACKING THE NET:**
  - Only the three players that are in the front row of the rotation are allowed to attack the net. Violation of this rule would include any hitting or blocking that occurs above the plane of the net.
- ❖ **CHARACTERISTICS OF THE CONTACT:**
  - The ball can contact any number of body parts down to, and including the foot, providing such contacts are simultaneous and the ball rebounds immediately and cleanly after such contact.

❖ **HELD BALL:**

- The ball must be contacted cleanly and not held, lifted, pushed, caught, carried or thrown. The ball cannot roll or come to rest on any part of a player's body. It can rebound in any direction.

❖ **HAND SETS:**

- A contact of the ball using the fingers of one or two hands to direct the ball toward a teammate is a set. The ball must come into contact with both hands simultaneously and leave both hands simultaneously to avoid a double hit call.
- A player may set the ball over the net in front or behind them only in the direction in which their shoulders are squarely facing.

❖ **ATTACKING THE BALL OVER THE OPPONENTS COURT:**

- A player is not allowed to attack the ball on the opposite side of the net. If the ball is hit above the spiker's side of the net and then the follow-through causes the spiker's hand and arm to cross the net without contacting an opponent or the net, the action does not constitute a fault.

❖ **BLOCKING A BALL ACROSS THE NET:**

- Blocking of the ball across the net above the opponent's court **shall be legal** provided that such a block is:
  - After a player of the attacking team has spiked the ball, or, in the referee's judgment, intentionally directed the ball into the opponent's court, or has exhausted their third allowable hit.
  - After the opponents' have hit the ball in such a manner that the ball would clearly cross the net if not touched by a player, provided no member of the attacking team is in a position to make a legal play on the ball
  - If the ball is falling near the net and no member of the attacking team could reasonably make a play on the ball.

❖ **PLAY AT THE NET:**

○ **SIMULTANEOUS CONTACT BY OPPONENTS:**

- If opponents contact the net simultaneously, it shall constitute a double fault and the point shall be played over.

○ **INTERFERENCE**

- Sand volleyball allows any and all parts of the body to cross the center line as long as there is no interference with the opposing player.