***WYBL Basketball Guidelines: Division IV***

Equipment & Court Specifications:

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| ***Topic*** | ***Recommendation*** |
| Size of Ball | Boys & Girls size (29.5”) |
| Height of Basket | 10’ |
| Size of Court |  |
| Distance of 3-Point Arc | 19’ 9” |
| Distance of Free Throw Line | 15’ |

Game Structure:

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| ***Topic*** | ***Recommendation*** |
| Game Length | Four 8-minute periods |
| Time Between Periods | 1 minute |
| Extra Period(s) | 3 minutes |
| Scoring | Free throw: 1 point, all field goals: 2 points, Field goal outside of 3-point arc: 3 points |
| Timeouts | -Two 60-second timeouts permitted per half.  -Unused timeouts may not carry over to the next half.  -One 60-second timeout granted for an extra period. |
| Start of Game Possession | -Jump ball |

Game tactics:

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| ***Topic*** | ***Recommendation*** |
| Playing Time | **-Equal playing time** |
| Set/Zone defense | -Allowed throughout the game at the coaches discretion. |
| Pressing defense | **-Pressing is allowed during the last two (2) min. of the 3rd and 4th quarters off a made basket only, if there is a defensive rebound, the opposing team must get back and pick up at half court.**  **-Leading team may not press when leading by 20 points or more.** |
| Double-team/Crowding | Allowed throughout the game at the coaches discretion. |
| Stealing from the dribbler | -Coaches discretion throughout the game. |

Highlighted Game Play Rules:

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| ***Topic*** | ***Recommendation*** |
| Backcourt Timeline | 10 seconds |
| Shot clock | Not applicable |
| Clock Stoppage | Last 2 min. of each quarter. |
| Length of free throw | 10 seconds |
| Substitutions | **-Either team may substitute on dead ball.**  -Either team may substitute before the first free throw attempt or after the last free throw is made. |