***WYBL Basketball Guidelines: Division III***

Equipment & Court Specifications:

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| ***Topic*** | ***Recommendation*** |
| Size of Ball | Boys & Girls size (28.5”) |
| Height of Basket | 9’ |
| Size of Court | 65’ x 40’ |
| Distance of 3-Point Arc | Not Applicable  |
| Distance of Free Throw Line | 14’  |

Game Structure:

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| ***Topic*** | ***Recommendation*** |
| Game Length | Four 8-minute periods |
| Time Between Periods | 1 minute |
| Extra Period(s) | 3 minutes |
| Scoring  | Free throw: 1 point, all field goals: 2 points |
| Timeouts | -Two 60-second timeouts permitted per half.-Unused timeouts may not carry over to the next half. |
| Start of Game Possession | -Jump ball |

Game tactics:

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| ***Topic*** | ***Recommendation*** |
| **Playing Time**  | **Equal playing time**  |
| **Set defense** | **-Only player to player defense throughout the game.** |
| **Pressing defense** | **Pressing is not allowed throughout the competition.** |
| **Double-team/Crowding** | **Double-team/crowding is not allowed throughout the game.** |
| **Stealing from the dribbler** | **-Coaches discretion throughout the game.** |

Highlighted Game Play Rules:

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| ***Topic*** | ***Recommendation*** |
| Backcourt Timeline | 10 seconds |
| Shot clock | Not applicable  |
| Clock Stoppage | **Last two (2) min. of every quarter.** |
| Length of free throw | 10 seconds |
| Substitutions  | **Either team may substitute on dead ball.** |