

**West Haven/Roy Recreation 7<sup>th</sup> Grade Draft League – Boys Basketball**  
**(Updated 11/15/2021)**

**League Rules:**

Basket Height: 10 ft.

Basketball: 29.5 Men's Regulation Size

Games will consist of two 20-minute halves with a running clock. Clock will stop on all whistles the last minute of 1<sup>st</sup> and 2<sup>nd</sup> half, and overtime (unless point differential is 15 or more).

At end of 2<sup>nd</sup> half, if game is tied, we will play one (2) minute overtime period. If game is tied after overtime period, the game will be declared a tie.

All teams will play 8 regular season games. **NO POST-SEASON TOURNAMENT**. The team with best regular season record will receive league champion t-shirts.

Teams must have 4 players (minimum) to start game. A 5 minute grace period will be allowed if 4 players are not present. If team does not have 4 players before 5 minute grace period ends, game will be declared a forfeit.

Man and zone defense will be allowed. Full court pressure is allowed (unless point differential is 15 or more).

If the score is more than a 15 point spread, the clock will not stop, and the score-keepers will only keep the score in the books. The team that is ahead will be asked to move back inside the 3-point line and play a defense that starts and stays inside the 3-point line.

Three-point shots count.

Each team is allowed two (2) time-outs per half. You cannot carry over unused time-outs. Each team is allowed one (1) time-out in overtime period.

Any coach, player, or spectator that is ejected for unsportsmanlike conduct will not be allowed to participate for the remainder of the game and may have to sit out the following week's game (Recreation Director's decision). Any coach, player, or spectator ejected from two (2) games during the season will be expelled from the league and not allowed in the gym.

Only Two coaches are allowed on the bench and only one coach is allowed to stand up and coach. As soon as two coaches are up off the bench coaching and/or complaining to officials; there may be a technical foul called. If a technical foul is issued on any of the coaching staff or bench personnel, the head coach must sit on the bench the remainder of the game, and no assistant coach may stand and take the head coach's place. See Rule 10 section 5 and 6 of the NFHS Basketball Rule Book.

Any coach who receives a technical foul this season is subject to suspension/expulsion from the league (Recreation Director's discretion). Any coach who receives (3) technical fouls in a season will have a mandatory one game suspension. Technical fouls do not have to be committed in the same game or consecutive games for this rule to apply. If a coach receives (4) technical fouls in a season he/she is subject to another game suspension and/or will be expelled from the league (Recreation Director's discretion) and will not be allowed in the gym for the remainder of the season. NFHS technical foul rules still apply (if a coach receives 2 technical fouls in a game, the coach is ejected from the game and will face possible suspension (Recreation Director's discretion) from the next game).

If you have questions or concerns, please call Lizzy Badger at 801-774-1048 or email ebadger@royutah.org

**\*\*\*We EXPECT good sportsmanship from EVERYONE\*\*\***