



1ST GRADE BOYS RULES AND REGULATIONS

Head Bands

YES

Hoop Height

8 FEET

Ball Size

27.5 inches

- 1) A 15-minute practice session will precede each game. The 15 minutes will begin right at game time, no matter if the teams are there or not.**
- 2) The game will consist of two- 16 minute halves.**
- 3) There will be a 2-minute half time break.**
- 4) Man-to-man defense is mandatory.**
- 5) A defensive player cannot steal a dribble from an offensive player.**
- 6) The clock will run continuously, stopping every 4 minutes for substitutions.**
- 7) No foul shots will be taken. Ball will be taken out of bounds by team that was fouled.**
- 8) Score will not be kept.**



1ST-2ND GRADE GIRLS RULES AND REGULATIONS

Head Bands

YES

Hoop Height

8 FEET °

Ball Size

27.5 inches

- 1) A 15-minute practice session will precede each game. The 15 minutes will begin right at game time, no matter if the teams are there or not.
- 2) The game will consist of two 16 minute halves.
- 3) There will be a 2-minute half time break.
- 4) Man-to-man defense is mandatory.
- 5) A defensive player cannot steal a dribble from an offensive player.
- 6) The clock will run continuously, stopping every 4 minutes for substitutions.
- 7) No foul shots will be taken. Ball will be taken out of bounds by team that was fouled.
- 8) No score will be kept.



2ND GRADE BOYS

RULES AND REGULATIONS

Head Bands

YES

Hoop Height

8 FEET

Ball Size

28.5 inches

- 1) The game will consist of two 18-minute halves.**
- 2) Man-to-man defense is mandatory. Players can begin guarding opponent at half court.**
- 3) A defensive player is not allowed to steal the dribble.**
- 4) 1-60 and 1-30 second timeout per half.**
- 5) The clock only stops during the last two minutes of each half, when a timeout is called, or when an injury occurs.**
- 6) There will be a 2-minute half time break.**
- 7) No foul shots will be taken. Ball will be taken out of bounds by team that was fouled.**



3RD GRADE BOYS

RULES AND REGULATIONS

Head Bands

NO

Hoop Height

9 FEET

Ball Size

28.5 inches

- 1) The game will consist of two 18-minute halves.**
- 2) Man-to-man defense is encouraged. Players can begin guarding opponent at half court.**
- 3) Stealing is allowed after half court.**
- 4) 1-60 and 1-30 second timeout per half.**
- 5) The clock only stops during the last two minutes of each half, when a timeout is called, or when an injury occurs.**
- 6) There will be a 2-minute half time break.**
- 7) No foul shots will be taken. Ball will be taken out of bounds by team that was fouled.**



3RD-4TH GRADE GIRLS

RULES AND REGULATIONS

Head Bands

NO

Hoop Height

9 FEET

Ball Size

28.5 inches

- 1) The game will consist of two 18-minute halves.**
- 2) Man-to-man defense is encouraged. Players can begin guarding opponent at half court.**
- 3) Stealing is allowed after half court.**
- 4) 1-60 and 1-30 second timeout per half.**
- 5) The clock only stops during the last two minutes of each half, when a timeout is called, or when an injury occurs.**
- 6) There will be a 2-minute half time break.**
- 7) No foul shots will be taken. Ball will be taken out of bounds by team that was fouled.**



4TH GRADE BOYS

RULES AND REGULATIONS

Head Bands

NO

Hoop Height

10 FEET

Ball Size

28.5 inches

- 1) The game will consist of two 18-minute halves.**
- 2) Man-to-man defense is encouraged. Players can begin guarding opponent at half court.**
- 3) Full court press is allowed during the last two minutes of the game.**
- 4) 1-60 and 1-30 second timeout per half.**
- 5) The clock only stops during the last two minutes of each half, when a timeout is called, or when an injury occurs.**
- 6) There will be a 2-minute half time break.**
- 7) Foul shots will be taken in this league.**



5TH-6TH GRADE BOYS

RULES AND REGULATIONS

Head Bands

NO

Hoop Height

10 FEET

Ball Size

28.5 inches

- 1) The game will consist of two 18-minute halves.**
- 2) Any defense can be played. Players can begin guarding opponent at half court.**
- 3) Full court press is allowed during the last two minutes of the game.**
- 4) 1-60 and 1-30 second timeout per half.**
- 5) The clock only stops during the last two minutes of each half, when a timeout is called, or when an injury occurs.**
- 6) There will be a 2-minute half time break.**
- 7) Foul shots will be taken in this league.**



5TH-6TH GRADE GIRLS

RULES AND REGULATIONS

Head Bands

NO

Hoop Height

10 FEET

Ball Size

28.5 inches

- 1) The game will consist of two 18-minute halves.**
- 2) Any defense can be played. Players can begin guarding opponent at half court.**
- 3) Full court press is allowed during the last two minutes of the game.**
- 4) 1-60 and 1-30 second timeout per half.**
- 5) The clock only stops during the last two minutes of each half, when a timeout is called, or when an injury occurs.**
- 6) There will be a 2-minute half time break.**
- 7) Foul shots will be taken in this league.**



JR. HIGH BOYS

RULES AND REGULATIONS

Head Bands

NO

Hoop Height

10 FEET

Ball Size

29.5 inches

- 1) The game will consist of two 20-minute halves.**
- 2) Any defense can be played. Full court press is allowed during the entire game, unless your team is up by 20 or more points at which time, players can begin guarding opponent at half court.**
- 3) 1-60 and 1-30 second timeout per half.**
- 4) The clock only stops during the last two minutes of each half, when a timeout is called, or when an injury occurs.**
- 5) There will be a 2-minute half time break.**
- 6) Foul shots will be taken in this league.**



JR. HIGH GIRLS

RULES AND REGULATIONS

Head Bands

NO

Hoop Height

10 FEET

Ball Size

28.5 inches

- 1) The game will consist of two 20-minute halves.**
- 2) Any defense can be played. Full court press is allowed during the entire game, unless your team is up by 20 or more points at which time, players can begin guarding opponent at half court.**
- 3) 1-60 and 1-30 second timeout per half.**
- 4) The clock only stops during the last two minutes of each half, when a timeout is called, or when an injury occurs.**
- 5) There will be a 2-minute half time break.**
- 6) Foul shots will be taken in this league.**



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