



VERTICAL SPORTS DEVOTIONAL

GAME 1

Where's Your Focus?

Sport: A question for us, when we play softball what do we focus on? Give me the answer that first pops into your head when you here that question. (Winning or Losing, Plays we are running, Don't look like a fool, etc.) Our focus is going to be on something and whatever that might be is going to have a direct impact on how we act, how we speak, how we approach others around us.

Life: I'd say it is safe to say that all of us have quite a bit going on in our lives...right? Whether its work, family, school, home projects, or sports; how often, when we are spending time with these things, do we focus on God?

Truth: 1 Corinthians 10:31 says "So, whether you eat or drink or whatever you do, do all to the glory of God." When it says "or whatever you do" that covers everything. Regardless of what we are doing we are to do it all to the glory of God.

When we surrender our lives to The Lord and allow him to transform us - from our relationships, to our daily frustrations, or our lack of faith. He will mend those areas where we feel broken and helpless. Even in sports, it can be easy to lose our cool, but God can transform our minds so that we respond in a way that brings glory to him.

Discussion Questions:

What would be an example of how we can play softball to God's glory? (attitude – when we make a good or bad play, actions towards opponents regardless of what they say, respecting officials regardless of a call, with the words we say).

Why should we "do all to the glory of God?" (Share the Gospel)

PRAY: That we would fully surrender every area of our lives to God that he would receive all the glory in all that we do.