



## **3D Devotionals**

### **SPORTS—LIFE—TRUTH**

**Remember! *Integrate* this in during practices. You don't have to wait for a water break to share Jesus and the Bible with the players!**

#### **1) Positioning**

Sports- Positioning looks like smallest thing you do when cheering, but being in the right spot when practicing and cheering can have an effect on the rest of your squad.

Life- Often the simple things in life (listen to parents, go to church, do homework) are the most important for you to succeed and develop.

Truth- The simple decision to accept Jesus into your life as Lord and save you from your sin is the biggest decision you can make with your spiritual life. (Romans 10:9-10)

#### **2) Technique**

Sports- In cheer good form is important. If you don't do it right, you might accidentally bump into a squad member, timing might be off, or lose focus and miss something.

Life- You can't succeed in life without doing things the right way. There is a right way to do things and a wrong way. We either obey parents or we don't. We tell the truth or lie.

Truth- The Bible calls wrong things we do "sin". Our sin separates us from a perfect God and prevents us from going to Heaven. (Romans 6:23)

#### **3) Spacing**

Sports- You must be in the right position and ready to do your job on the cheer squad in. We all can't bunch up in one area or we will run into each other.

Life- We are all good at certain things and need to recognize that truth. Some are good at math, or more athletic, or like to build things. We can't all do the same job when we grow up.

Truth- The same is true as Christians. When we are saved, God gives us a spiritual gift. Some are good at teaching, or serving, or giving. We each have a role to play as we live for Jesus. (1 Corinthians 12:27)

#### **4) Athleticism/Conditioning**

Sports- We don't run just for the sake of running. We run to be better cheerleaders As we get in better shape we are able to achieve our team goal to cheer our best for Christ.

Life- In life we should live with purpose and have a goal to accomplish. We go to school so that we can one day go to a good college, or get a good job.

Truth- God tells us in the Bible to live our lives for the purpose of making the name of Jesus, His life, death, and resurrection, known to others. We must live our lives with an eternal purpose, not one that is temporary. (1 Corinthians 9:24-27)

5) **Communicating**

Sports- We have to speak clearly when we cheer, so that we know what cheer is starting, and those in the stand or players playing can hear and understand what we are saying. Communicating clearly is an important part of cheering well.

Life-The most important people in our life we spend time talking with, I hope. If you called someone your best friend, but you never spoke to them...would they really be your best friend? Could you say you have a great relationship with them?

Truth-If you have put your faith in Jesus then your relationship with Him is very important. We can know God more by reading the Bible, praying, being active in a church, and having close friends who also love Jesus. (Matthew 22:37-38).

6) **Game Time**

Sports- Practice is great, but nothing can replace the experience we gain through cheering during a real game. The live game makes us take what we have learned in practice and apply it to the game!

Life- We have to put into practice what we learn in school, from parents, even in volleyball. It does us no good to know something in our head, but never actually do it.

Truth- The same is true in our spiritual lives. Just knowing the answers in church or knowing what the Bible says does not make you a Christian. A relationship with Jesus means we not only know what he says about how to live, but that we actually live that out each day. (James 1:22)