



2024 Soccer Rules

14U

- Unless otherwise stated all rules are according to NFHS Soccer 2023-24
- Number of Players:
 - There will be a maximum of 22 players on a team. Play will be 11v11, including goalkeeper. (If coaches want to play more/less on the field that can be discussed with each other and the ref before the game)
- Substitutions:
 - Substitutions may be made with consent of the referee at the following times:
 - Prior to a throw in your favor
 - Prior to a goal kick by either team
 - After goal, by either team
 - After an injury, by either team, when referee stops play
 - At half-time
 - All players will play at least half the game.
- Size of Ball, Size of Field, Length of Play:
 - 14 and Under Coed play with a #5 size ball, on a 100 yard x 50 yard field, for two 35 minute halves with a 5-10 minute halftime.
- Uniforms:
 - Each team must have jerseys of the same color, numbered on the back.
 - The goalkeeper must wear a different colored shirt than either team.
 - All players are required to wear shin guards with socks fully covering them.
 - Players must wear shorts (unless weather does not permit).
- Overtime
 - 5 minute overtime with golden goal (first team to score wins). If tied after 5 minutes, proceed to penalty kicks.
- No high kicks or slide tackles
- The home team is responsible each game for the halftime devotion. The home team is listed first on <http://www.quickscores.com/verticalsports>. Any games held at partner locations or games held at FBC against a non FBC team, please invite the other team to join you for the devotion (even if you are the away team) as they cannot formally host devotions.