



THE COMMUNITY HOUSE

SHOOTING STARS

**BASKETBALL
LEAGUE**



RULE BOOK

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Parent/Coach Code of Conduct

The Community House league philosophy focuses on participation, sportsmanship, learning the fundamentals of the game and creating an atmosphere for all players to succeed. Our league expectations are that everyone plays, everyone receives equal playing time, rotates positions, and no players are cut from our program. The Community House believes that the adults involved in our youth sports leagues are role models of sportsmanship, respect, and self-control. Every decision made and behavior displayed should always be what is in the best interest of the young athletes participating in our league. Players, coaches, parents, officials, and staff are expected to continually reinforce the attributes of sportsmanship, hard work, and positive thinking during the season.

By participating in our league, all parents, coaches, and spectators are subject to following our Parent/Coach Code of Conduct rules:

- I will treat all league officials, coaches, spectators, and players with respect at every game or practice
- I will encourage good sportsmanship and demonstrate positive support for coaches, officials, and players. I will do my best to ensure this is a positive experience for my child.
- I will not engage in or encourage any unsportsmanlike conduct with coaches, officials, spectators, or players. *This includes: foul language/gestures, taunting, booing, refusing to shake hands, etc.*
- I will not engage in or encourage any behavior that endangers the safety or well-being of any coaches, officials, spectators, or players.
- I will not verbally threaten or physically abuse any coaches, officials, spectators, or players.
- I will respect the officials and their authority during games. I will refrain from yelling at or forcefully confronting officials. I understand officials are there to provide a safe environment for play while enforcing the rules.
- I will respect my child's coach. I recognize the importance of volunteer coaches and understand that coaches are important for the development of my child and the league.
- If I am coaching my child's team, I will treat all children equally and fair. I will ensure all players receive equal playing time and the opportunity to play, and establish a fun atmosphere. As a volunteer coach, I will never make a child feel defeated based on the outcome of a game or by his/her performance.
- I will remember that The Community House leagues are played for fun and the development of young athletes. The league is intended for the success of youth, not the adults.

Individuals who fail to comply with The Community House league rules and expectations will be subject to disciplinary action. This includes but is not limited to the following order or combinations as decided by the league and severity of the situation:

1. Verbal or written warning issued by league
2. Immediate ejection from game (by league or officials)
3. Suspended from game, or multiple games
4. Removal (as coach or spectator) from the league

Some disciplinary actions may follow from one league to the next or can span over multiple seasons

1st Grade Boys and Girls

Rules Overview

The Community House operates the Junior Jodie Harrison Basketball League as a recreational league designed to offer children instruction, personal fulfillment and fun! These rules are intended not to intensify the competition level, but rather to improve the quality of play and offer all participants the opportunity to succeed. Any coach or parent who refuses to comply with the recreational nature of the league will be removed.

Hoops: 8 feet

Ball: Rookie (27.5)

Clock: 8 minute quarters (all running clock, 1 minute between quarters)

Subs: Clock stops at 4:00 for substitutions (1 min max)

Format: 4 vs 4

Defense: Man to Man defense

No press, in fast break situations, no defense before top of key

Fouls: No fouls recorded or called, no free throws No back court violation will be called

No 3 seconds in the key violation No 5 second in-bound violation

No 10 seconds in backcourt violation

No picks

Traveling/double dribble taken out of bounds

All Leagues:

Only a very short warm up period is available between games Half Time is 3 minutes

2 timeouts per half (TO's do not carry over from halves' or into OT)

No Jewelry Shirts tucked in

No sleeveless shirts Jersey must be worn

Teams must clean up their area after games

2nd Grade Boys and Girls

Rules Overview

The Community House operates the Jodie Harrison Basketball League as a recreational league designed to offer children instruction, personal fulfillment, and fun! These rules are intended not to intensify the competition level, but rather to improve the quality of play and offer all participants the opportunity to succeed. Any coach or parent who refuses to comply with the recreational nature of the league will be removed.

Hoops: 8 feet

Ball: Junior (27.5)

Clock: 8-minute quarters (ALL running clock)

Substitutions: Clock stops at 4:00 for substitutions, T. O's can be used for subs.

Scoring: No score kept

Defense: Man to man, wristbands determine who covers who
No press, no defense before top of key
No double team

Fouls: No fouls recorded or called, no free throws
No back court violation will be called
No 3 seconds in the key violation
No 5 second in-bound violation
No 10 seconds in backcourt violation
No picks

All Leagues: Only a very short warm up period is available between games
Half Time is 3 minutes
2 timeouts per half (TO's do not carry over from halves' or into OT)
No Jewelry
Shirts tucked in
No sleeveless shirts
Jersey must be worn
Teams must clean up their area after games
Each team must at least have 4 players to start the game
(This does not mean the other team has to play down to 4 vs. 4)

3rd Grade Boys and Girls

Rules Overview

The Community House operates the Jodie Harrison Basketball League as a recreational league designed to offer children instruction, personal fulfillment and fun! These rules are intended not to intensify the competition level, but rather to improve the quality of play and offer all participants the opportunity to succeed. Any coach or parent who refuses to comply with the recreational nature of the league will be removed.

Hoops: 9 feet

Ball: Junior (27.5)

Clock: 8-minute quarters (running clock, except for last 2 minutes of half and game) No Overtime

Substitutions: Clock stops at 4:00 for substitutions, T. O's can be used for subs.

Scoring: Normal scoring, without 3 pointers

Defense: Man to man, wristbands determine who covers who
No press, no defense before top of key
Double team in key only

Fouls: No fouls recorded or called, no free throws
No back court violation will be called
No 3 seconds in the key violation
No 5 second in-bound violation
No 10 seconds in backcourt violation
No picks

All Leagues: Only a very short warm up period is available between games
Half Time is 3 minutes
2 timeouts per half (TO's do not carry over from halves' or into OT)
No Jewelry
Shirts tucked in
No sleeveless shirts
Jersey must be worn
Technical fouls count as team fouls
Teams must clean up their area after games
Each team must at least have 4 players to start the game
(This does not mean the other team has to play down to 4 vs. 4)

4th Grade Boys and Girls

Rules Overview

The Community House operates the Jodie Harrison Basketball League as a recreational league designed to offer children instruction, personal fulfillment and fun! These rules are intended not to intensify the competition level, but rather to improve the quality of play and offer all participants the opportunity to succeed. Any coach or parent who refuses to comply with the recreational nature of the league will be removed.

Hoops: Boys - 10 feet Girls – 9 feet

Ball: Boys – Junior (27.5) Girls – Junior (27.5)

Clock: 8-minute quarters (running clock, except for last 2 minutes of half and game)
Overtime: First team to score or 2 min Max (Which ever comes first)

Substitutions: Clock stops at 4:00 for substitutions, T. O's can be used for subs.

Scoring: Normal scoring, including 3 pointers

Defense: **Man to man required for first 4 games**
Zones allowed (not required) last 4 games
No full court press, half court always allowed
Legal picks are allowed
Double teaming allowed in key only EXCEPTION: Once zones are allowed, double teaming is allowed anywhere

Fouls: No fouls recorded or called, **no free throws**
No back court violation will be called
No 3 seconds in the key violation
No 5 second in-bound violation
No 10 seconds in backcourt violation
No picks

All Leagues: Only a very short warm up period is available between games
Half Time is 3 minutes
2 timeouts per half (TO's do not carry over from halves' or into OT)
No Jewelry
Shirts tucked in
No sleeveless shirts
Jersey must be worn
Technical fouls count as team fouls
Teams must clean up their area after games
Each team must at least have 4 players to start the game
(This does not mean the other team has to play down to 4 vs. 4)

5th and 6th Grade Boys and Girls

Rules Overview

The Community House operates the Jodie Harrison Basketball League as a recreational league designed to offer children instruction, personal fulfillment and fun! These rules are intended not to intensify the competition level, but rather to improve the quality of play and offer all participants the opportunity to succeed. Any coach or parent who refuses to comply with the recreational nature of the league will be removed.

Hoops: 10 feet

Ball: Boys-Intermediate (28.5) Girls-Inter mediate (28.5)

Clock: 10-minute quarters (running clock, except for last 2 minutes of half and game)
Overtime is 3 minutes (one running clock, 2 with normal stoppages, 1 TO)
NO DBL OT

Substitutions: Open substitutions are allowed

Scoring: Normal scoring, including 3 pointers

Defense: Man to man required for first 4 games
Zones allowed (not required) last 4 games
Full court press allowed ONLY during last 2 minutes of half/game (exception-a team leading by 15 or more may not press until lead is 6 or less, ALSO, a team losing by 10 or more may press until deficit is less than 10)
Half court press always allowed
Legal picks are allowed
Double teaming allowed in key only **EXCEPTION:** Once zones are allowed, double teaming is allowed anywhere

Fouls: Fouls are recorded, foul out at **5 personal fouls**
Free throws taken on shooting fouls and when in bonus (**7th foul is bonus, 10th is double bonus**)

Back court violation will be called

3 seconds in the key violation

5 second in-bound violation

10 seconds in backcourt violation

All Leagues: Only a very short warm up period is available between games
Half Time is 3 minutes
2 timeouts per half (TO's do not carry over from halves' or into OT)
No Jewelry
Shirts tucked in
No sleeveless shirts
Jersey must be worn
Technical fouls count as team fouls
Teams must clean up their area after games
Each team must at least have 4 players to start the game
(This does not mean the other team has to play down to 4 vs. 4)

7th and 8th Grade Boys

Rules Overview

The Community House operates the Jodie Harrison Basketball League as a recreational league designed to offer children instruction, personal fulfillment and fun! These rules are intended not to intensify the competition level, but rather to improve the quality of play and offer all participants the opportunity to succeed. Any coach or parent who refuses to comply with the recreational nature of the league will be removed.

Hoops: 10 feet

Ball: Boys-Regulation (29.5) Girls-Intermediate (28.5)

Clock: 10-minute quarters (running clock, except for last 2 minutes of half and game)
Overtime is 3 minutes (one running clock, 2 with normal stoppages, 1 TO) NO DBL
OT

Substitutions: Open substitutions are allowed

Scoring: Normal scoring, including 3 pointers

Defense: Zones allowed (not required) all games
Full court press allowed ONLY during last 2 minutes of half/game (exception-a team leading by 15 or more may not press until lead is 6 or less, ALSO, a team losing by 10 or more may press until lead is less than 10)
Half court press always allowed
Legal picks are allowed
Double teaming allowed

Fouls: Fouls are recorded, foul out at **5 personal fouls**
Free throws taken on shooting fouls and when in bonus (**7th foul is bonus, 10th is double bonus**)
Back court violation will be called
3 seconds in the key violation
5 second in-bound violation
10 seconds in backcourt violation

All Leagues: Only a very short warm up period is available between games
Half Time is 3 minutes
2 timeouts per half (TO's do not carry over from halves' or into OT)
No Jewelry
Shirts tucked in
No sleeveless shirts
Jersey must be worn
Technical fouls count as team fouls
Teams must clean up their area after games
Each team must at least have 4 players to start the game
(This does not mean the other team has to play down to 4 vs. 4)

7th and 8th Grade Girls

Rules Overview

The Community House operates the Jodie Harrison Basketball League as a recreational league designed to offer children instruction, personal fulfillment and fun! These rules are intended not to intensify the competition level, but rather to improve the quality of play and offer all participants the opportunity to succeed. Any coach or parent who refuses to comply with the recreational nature of the league will be removed.

Hoops: 10 feet

Ball: Girls-Intermediate (28.5)

Clock: 10-minute quarters (running clock, except for last 2 minutes of half and game)
Overtime is 3 minutes (one running clock, 2 with normal stoppages, 1 TO) NO DBL
OT

Players: 4 vs. 4
Each team must at least have 3 players to start the game
(This does not mean the other team has to play down to 3 vs. 3)

Substitutions: Open substitutions are allowed

Scoring: Normal scoring, including 3 pointers

Defense: Zones allowed (not required) all games
Full court press allowed ONLY during last 2 minutes of half/game (exception-a team leading by 15 or more may not press until lead is 6 or less, ALSO, a team losing by 10 or more may press until lead is less than 10)
Half court press always allowed
Legal picks are allowed
Double teaming allowed

Fouls: Fouls are recorded, foul out at **5 personal fouls**
Free throws taken on shooting fouls and when in bonus (**7th foul is bonus, 10th is double bonus**)
Back court violation will be called
3 seconds in the key violation
5 second in-bound violation
10 seconds in backcourt violation

All Leagues: Only a very short warm up period is available between games
Half Time is 3 minutes
2 timeouts per half (TO's do not carry over from halves' or into OT)
No Jewelry
Shirts tucked in
No sleeveless shirts
Jersey must be worn
Technical fouls count as team fouls
Teams must clean up their area after games

Playoffs

4th grade boys and girls – 8th grade boys and girls will participate in playoffs. Depending on the number of teams per age division, some teams may not make playoffs and end their season playing against another team with a similar record.

- **Tiebreakers:**

- 2 Teams:

- Overall record
 - Head-to-head matchup
 - Overall points against for season
 - Coin Flip

- 3 or more Teams

- Overall Record
 - Head-to-head if even games played against exist for all teams involved (if one wins out, the remaining two teams revert to 2 team tie breaker rules)
 - Overall Points against for season
 - Coin flip