



Season: _____

Adult Flag Football - OFFICIAL RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT

I, the registrant, agree that I will abide by the rules of Sterling Community Center, its athletic program, its affiliated organizations and the sponsors and will adhere to and support the Sterling Code of Conduct & Sportsmanship Guidelines. Recognizing the possibility of physical injury associated with sports and in consideration for Sterling Community Center accepting the registrant for its sports programs and activities, I hereby release, discharge and/or otherwise indemnify Sterling Community Center, its affiliated organizations and sponsors, their employees and associated personnel, including the owner of fields and facilities utilized for the Programs, against any claim by or on behalf of the registrant as a result of the registrants participation in the Programs. I hereby give my consent for emergency medical care from authorized Emergency Medical Responders or prescribed by duly licensed Doctor of Medicine or Doctor of Dentistry. This care may be given under whatever conditions are necessary to preserve the life, limb or well-being of my dependent.

TEAM NAME:	CAPTAIN'S NAME:
CAPTAIN'S EMAIL:	TELEPHONE (Cell)

NAME	ADDRESS	PHONE	SIGNATURE	DATE
1				
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Team Captain's Affidavit: As the Captain of this team, I certify that all information is complete and correct. I understand that if any information is found to be false, incorrect, or fraudulent that I and/or my entire team will be subject to disqualification and disciplinary action. And, I am aware that as the Captain I am responsible for the actions of all the members of my team and will abide by the rules and regulations as outlined.

Captain's Signature:	Date:
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Code of Conduct for Adult Flag Football League, in partnership with Sterling Community Center

Purpose: This Code of Conduct is designed to communicate clear league expectations to promote a positive, safe, and respectful environment for all participants in the adult flag football league. All players, coaches, referees, and spectators are expected to adhere to these guidelines.

1. Respect for Others

- Treat all individuals with respect including: teammates, opponents, coaches, referees, league organizers, directors, spectators and Town officials.
- Offensive or discriminatory language, gestures, or improper behavior will not be tolerated. Players are expected to present themselves and act appropriately.
- Players, coaches, and spectators are encouraged to support an environment where all participants, staff, directors feel safe, accepted, and valued.
- Respectful interactions also apply to digital communication and players/coaches/league director's social media platforms. Any Social Media interactions that adversely affect the League or can be deemed as harassment to any involved individual may result in disciplinary action up to and including termination.

2. Sportsmanship & Fair Play

- Participants will win or lose with dignity and grace. Celebrate victories with humility and handle losses with composure.
- Negative or aggressive behavior, including but not limited to arguing with referees, opposing players, coaches, spectators, or directors will not be tolerated.
- Abide by the rules of the game and demonstrate fair play in all aspects of competition.

3. Safety

- Players are to engage in physical play within the bounds of the game, and any actions deemed reckless or dangerous will be addressed by league officials.
- Violence, intimidation, or threats of any kind are prohibited. Any physical altercations will result in immediate removal from the league and may lead to suspension or permanent banishment.
- Sterling Community Center, the Stratford School District and Town fields and properties are "Smoke Free" environments and smoking is not permitted in any area of the facilities.
- The consumption of alcohol, drugs, or any other substances that impair judgment or physical ability is prohibited during practices, games, or league-related activities. Possessing, using, consuming, purchasing, distributing, manufacturing, dispensing, being under the influence of, or selling alcohol or controlled substances while participating in any league activity is not permitted.

4. Respect for Facilities

- Treat the community center, Town fields, and surrounding areas with care and respect. This includes cleaning up after yourself and refraining from damage to the property.
- Dispose of trash properly and follow any additional facility rules posted or unposted.
- Use equipment in a safe and responsible manner and ensure it is appropriate for the game.

5. Social Media Policy

- Social media includes all means of communicating or posting information or content of any sort on the Internet, including to a personal web log or blog, journal or diary, web site, social networking or affinity website, web bulletin board or a chat room, whether or not associated or affiliated with Sterling Community Center, as well as any other form of electronic communication.
- Nothing in this policy is intended to limit a participant's expressions of free speech.

6. Accountability and Reporting

- Any violations of this Code of Conduct should be reported to the league organizers or community center staff in a timely manner.
- Violations of this Code of Conduct will result in league organizations imposing appropriate disciplinary measures, which may include:
 - Verbal or written warnings
 - Suspension or removal from the game
 - Temporary or permanent removal from the league, based on the severity of the violations as outlined within.

By signing this agreement, you affirm that you have not been arrested, are subject to an arrest warrant, awaiting trial, have not engaged in any violent offenses, and have not engaged in any offenses of any kind related to children. You also agree to follow the principles outlined in this Code of Conduct to ensure a safe, respectful, and enjoyable experience for everyone involved.