

St. Charles Park District Rules and Regulations for the Year 2019 Volleyball Mixed League

Player Eligibility

Rosters are limited to 20 players and all players must be 18 years of age or older.

All rosters must be complete before a player can participate in their first game. If a roster is not completed online before the first game, the team will not be allowed to play until the roster is completed.

Rosters will be entered by the team captain at www.quickscores.com/stcsparks. The rosters will be printed and at the first game when the players must sign. All rosters will freeze half way through the season. Once the rosters are frozen, they will be printed and at each location. Adding a player after the freeze date will not be allowed. If a team is caught with a non-roster player on the court, the game will be a forfeit.

No Nicknames will be allowed on the roster. A player's full first and last name must be on the roster.

To prohibit non-roster players from participating under an assumed name; all players must carry a picture I.D./Driver's license to all games, and present it upon request. Any non-roster player or player participating under an assumed name will be suspended. The team for which the player performed will forfeit all games in question. The Athletic Supervisor may also suspend the team upon further review. The Athletic Supervisor, Umpire, and/or scorekeeper may check the roster at any time if they believe any illegal player is participating.

If a team suspects a non-rostered player is playing on the opposing team and they want to check the roster, they must do so before the end of the game. Once the game is completed, a roster check cannot be performed.

Team Conduct

Team captains are responsible for their teams' and fans' actions. Only the captain or team manager will be allowed to question the decision of the umpire. The questioning of the umpire's decision must be done in an orderly manner.

Any act of unsportsmanlike conduct (including profane, abusive or insulting language) shall cause removal of the offending player.

Unsportsmanlike conduct will not be tolerated. Umpires may eject any player for such behavior. If a player is ejected from the game, there is a mandatory suspension of one match. All ejections are subject to review by the Athletic Supervisor. Please note the team captain may receive the same suspension as any player on his or her team.

Any player ejected from a game **will** receive a suspension subject to review by the Athletic Supervisor and Superintendent of Recreation. Any player ejected for fighting will receive at least a one-game suspension (possibly more), and possibly league expulsion under review. These suspensions will also include any post-season tournament games. Under no circumstances may an ejected player remain on the bench. If the umpire feels the ejection warrants it; he may have the ejected player leave the park immediately. All ejections are subject to review by the Athletic Supervisor.

Any player or manager who pushes, strikes, or hits an umpire or supervisor will be automatically ejected, and may be suspended along with the possibility of being arrested.

Any player or team drinking alcohol on Park District property before, during or after games; or participating in games under the influence of drugs or alcohol will be suspended (length of suspension will be determined after the incident has been reviewed). If members of your team are caught drinking on Park District property the following consequences will be enforced: First Offense: The game will be a forfeit and the whole team will be asked to leave the park. This includes being caught drinking in the parking lot before or after your game, your game will be a forfeit. Second Offense: Your team will not be allowed to participate in the post season tournament. Third Offense: Your team will not be allowed to participate in the following season. Any forfeit or suspension resulting from an alcohol offense will not be eligible for any type of refund or modified league fee. **This is the first warning.**

Any players caught and written up by the park Patrol staff for breaking a park ordinance is subject to a game or multiple games suspension. If there is a second offense, the player is subject to ejection from the league.

Any player that does not comply with warning or instruction from Park Patrol Staff will be ejected from the Park.

Scheduling

The St. Charles Park District reserves the right to change and/or adapt all volleyball schedules in any way necessary to operate the league with proper notice to the team captain either in writing or by phone.

Please refer to our Quickscores website for all schedule and standings information. www.quickscores.com/stcsparks.

Each team captain will need to create a log in and they will be assigned to their team. Any player on a team can check the website at any time. All schedules, standings and updates will be posted.

All changes in the league schedules and make-up games will be reported to team captains; it is up to them to inform their players.

All regular season games must be made up before any post season play will begin.

Playing Rules

United States Volleyball Association rules will apply to all leagues, except where the St. Charles Park District has made adaptations.

Each game is a 6 on 6 format, with 2 females on the court at all times. There is no maximum limit on the amount of females on the court at one time.

The regulation volleyball will be used for league play. The St. Charles Park District will furnish the ball.

Only gym shoes are allowed on the gym floor

Game time is forfeit time. Officials will call the games as a forfeit five minutes after game time. Teams may start a game with four players, one of which being a female. If a player leaves the game due to injury or any other reason, leaving less than four players, a forfeit is declared.

Any player under the influence of alcohol or mind-altering substances will be ejected with a suspension for the next game as well. The captain will also be ejected for the remainder of the game.

Any team that forfeits two matches will not be allowed to participate in the playoffs, and by the third match will be dropped from the league with no refunds. Future league consideration will be evaluated.

The beginning of the game will start with a coin flip. The winning team will have one of two options, choose to serve first or chose which side they prefer to pay on, (not both).

Each match will consist of three games and each game will count in the overall standings for the regular season.

Each game will be played to 25 points, winning by 2, with rally scoring. The first team to reach 30 will win the game.

There will be a three minute interval between sets.

After a play has ended, the ball shall be rolled back to the server, not thrown.

There is a 60 minute time limit for matches.

One time out per game, per team is allowed.

Setting the serve is legal as long as the ball is not caught or carried.

The server must wait for referee to indicate play is to begin prior to serving. Failure to serve within 5 seconds will result in a side-out.

The server may not step on or over the line until the ball has been contacted. The width of the service area is from sideline to sideline. The depth of the service area is infinite.

There is no male/female hitting rules. There can be no more than 4 males on the court at any time.

A defensive block does not count as one of the allowable contacts. A player may reach over the net to block a ball if any portion of the ball breaks the plane of the net, or after the offence has come in catch with the ball on the third attempt.

The serve may not be blocked or spiked.

If a ball is served, hits the net and crosses into play, the ball is considered to be in play.

A player can return a serve by a bump pass, clasping their hands together, a closed fist, a set as long as it is not caught or carried.

No part of the body may touch the net at any time unless a ball or person drive into the net causes the contact.

A carry is any use of an open hand while making contact with the ball that is not in a firm manner. Out of bounds is the area outside the designated court line. The line is in bounds.

A play may touch but not completely cross over the center line with his/her foot.

The ball can contact any number of body parts down to, and including the foot.

If the ball hits any part of a sidewall, basketball unit net rim or backboard, the ball will be a "dead ball".

Rotation and Play Position

Co-Ed formats may line up in any gender order. This means that males may be next to males and females next to females. It is NOT required to alternate males and females.

A minimum of four players must be on the court at all times, with one player being female.

There is no maximum to the amount of females that are allowed on the court.

Once a team has six players eligible for league play on the court and begins play, you may not reduce your team to less than 6 players.

If a team starts with less than six players and the 6th player arrives after any game has started, he/she may enter the game as soon as play is whistled "dead" and the referee is notified of his/her entering the game.

Substitutions

Free substitution will be allowed as long as the rotation is at the same position for the entire game. A female must be substituted by a female and a male for a male.

Insurance

The St. Charles Park District does not provide insurance to cover injuries that occur during games or practice sessions. Players participate at their own risk.