



4-5/Kinder Soccer Rules

The National Federation (high school) rules will govern play for all leagues. South Summit Recreation has adopted some rules and regulations to make the program better for all participants.

League Bylaws:

- This is a 4v4 league. No Goalie.
- No score will be kept in this instructional league.
- Only coaches are allowed on the field. **Please no older children on the court to help coach, must be 18 years or older.**
- ***HECKLING: Heckling by the players or fans will not be tolerated.*** The coach of each team is responsible for his/her players and fans conduct. At the discretion of an official or field supervisor, they will warn the offending teams coach. A second warning is caused for suspension or forfeit.
- **THERE WILL BE NO OFFICIALS FOR THIS LEAGUE. THE COACHES WILL HELP OFFICIATE.**
- **NO CLEATS IN THE GYM.**

Game Rules:

The Practice/Play Format will be: 45 minutes long with the timer starting at the scheduled time, so please be ready to start at the scheduled time.

Practice/Play Format: First 20 minutes will be practice; the last 20 minutes will be the actual game.

- Teams are allowed to play with 3 players.
- This is a 4v4 league. No Goalie.
- No jewelry/bracelets.
- All free kicks are indirect (indirect kick must be touched by another player before it can go into the goal).
- No Penalty kicks.
- Throw Ins
 - Both feet on the ground, both hands on the ball
 - Must rethrow if one or both are not met.
- DO NOT: kick, trip, jump at, charge, strike, push, hold, or spit at an opponent. Bumping, leaning or going shoulder-to-shoulder while competing for a ball is not a foul until the hands or elbows come up.

- NO HEADING - If a player deliberately heads the ball in a game, an indirect free kick will be awarded to the opposing team where the player touched the ball with his/her head.
- Player cannot touch the ball twice in a row when putting the ball in play and throw-ins.
 - Player cannot throw the ball in and then kick it.
- NO OFFSIDES.

Court and Equipment

- Ball will be 3 size.
- Field area
 - 4-5 yo – 38 x 50 ft
 - Kindergarten – 84 x 50 ft
- Goal size -
 - 4-5 yo – Pop up goals
 - Kindergarten – New Goals

Timing

- Pre K - 10 minute halves (subs at any time)
- Kindergarten - 15 minute halves
- 3 minute halftime

Players

- Substitutions may be made at any stoppage in play.
- Everyone should get a chance to sit out, unless there are only 4 players that game.
- Every player must play in at least half of every game they are present for.

Policy and Procedures:

- Sportsmanship is strictly enforced. **Absolutely no unsportsmanlike conduct will be tolerated.** This includes players, coaches, and spectators. **Anyone who is in violation of unsportsmanlike behavior will be asked to leave the premises for the remainder of the day.**
- Children should not be left unsupervised in the gym facility. This includes the hallway and restrooms. Treats should be handed out after the game outside the gym. South Summit Recreation will lose use of the gym facility if the rules are violated.

OTHER:

- If a player leaves or is injured before the end of a game, leaving the team with less than 4 players, the game may continue. **EXCEPTION: Ejection of a player from the game by the official will constitute a forfeit.**
- LIGHTING/WEATHER ISSUES: When lighting is in 8 miles radius play will be suspended for 30 minutes. Leave and vacate the outdoor activity to a safer location. If lightning occurs at the beginning of the delay, the 30 minutes count will reset. Game can only be suspended for 60 minutes total, or it must be cancelled.

- If a game is canceled due to inclement weather, it will not be made up if 1 half or more have been played.
- **Staff will do their best to reschedule games, but it will not be a guarantee.**

****To help keep our gyms and fields clean we'd appreciate it if you as coaches would help make sure that all wrappers and game treats are thrown away after the games****