



1st/2nd Grade Soccer Rules

The National Federation (high school) rules will govern play for all leagues. South Summit Recreation has adopted some rules and regulations to make the program better for all participants.

League Bylaws:

- This is a 5v5 (with goalie) league
- No score will be kept in this instructional league.
- Only coaches are allowed on the field. **Please no older children on the court to help coach, must be 18 years or older.**
- ***HECKLING: Heckling by the players or fans will not be tolerated.*** The coach of each team is responsible for his/her players and fans conduct. At the discretion of an official or field supervisor, they will warn the offending teams coach. A second warning is caused for suspension or forfeit.
- **There will be one central official.**
- **NO CLEATS IN THE GYM.**

Court and Equipment

- Ball will be 3 size.
- Field area - 84 x 50 ft
- Goal area - 2 x 4 yards
- Goal size - New Goals

Timing

- 20 minute halves with automatic substitutions every 5 minutes.
 - Clock will stop after 5 minutes of each quarter to allow substitutions.
- 3 minute halftime

Players

- Everyone should get a chance to sit out, unless there are only 5 players that game.
- Every player must play in at least half of every game they are present for.

Game Rules:

- Teams are allowed to play with 4 players.
- This is a 5v5 (with goalie).

- Substitutions are only between halves and at the 5-minute mark unless a player is injured. **SUBSTITUTIONS ARE A 30 SECOND TIME OUT.** NO OTHER TIMEOUTS WILL BE GRANTED.
- No jewelry/bracelets.
- All free kicks are indirect (indirect kick must be touched by another player before it can go into the goal).
- No Penalty kicks.
- Throw Ins
 - Both feet on the ground, both hands on the ball
 - Must rethrow if one or both are not met.
- DO NOT: kick, trip, jump at, charge, strike, push, hold, or spit at an opponent. Bumping, leaning or going shoulder-to-shoulder while competing for a ball is not a foul until the hands or elbows come up.
- NO HEADING - If a player deliberately heads the ball in a game, an indirect free kick will be awarded to the opposing team where the player touched the ball with his/her head.
- Player cannot touch the ball twice in a row when putting the ball in play and throw-ins.
 - Player cannot throw the ball in and then kick it.
- NO OFFSIDES.

Policy and Procedures:

- Sportsmanship is strictly enforced. **Absolutely no unsportsmanlike conduct will be tolerated.** This includes players, coaches, and spectators. **Anyone who is in violation of unsportsmanlike behavior will be asked to leave the premises for the remainder of the day.**
- Children should not be left unsupervised in the gym facility. This includes the hallway and restrooms. Treats should be handed out after the game outside the gym. South Summit Recreation will lose use of the gym facility if the rules are violated.

OTHER:

- If a player leaves or is injured before the end of a game, leaving the team with less than 4 players, the game may continue. **EXCEPTION: Ejection of a player from the game by the official will constitute a forfeit.**
- LIGHTING/WEATHER ISSUES: When lightning is in 8 miles radius play will be suspended for 30 minutes. Leave and vacate the outdoor activity to a safer location. If lightning occurs at the beginning of the delay, the 30 minutes count will reset. Game can only be suspended for 60 minutes total, or it must be cancelled.
 - If a game is canceled due to inclement weather, it will not be made up if 1 half or more have been played.
 - **Staff will do their best to reschedule games, but it will not be a guarantee.**

****To help keep our gyms and fields clean we'd appreciate it if you as coaches would help make sure that all wrappers and game treats are thrown away after the games****