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# FAIRMONT AQUATIC CENTER POOL HOURS & FITNESS CLASSES

## March 9 - 15

### **Saturday, March 9**

Closed for Special Event: 7:00am-1:00pm

Lap Swim: 2:00pm-6:00pm

Open Swim (Kids Leisure Pool): 2:00pm-5:30pm

### **Sunday, March 10**

Lap Swim: 10:00am-4:00pm

Open Swim (Kids Leisure Pool): 10:00am-3:30pm

### **Monday, March 11**

Lap Swim: 6:00am-12:00pm / 1:00pm-4:00pm / 5:30pm-8:00pm

AquaFit: 9:30am-10:30am

Cardio Conditioning: 11:00am-12:00pm (NO INSTRUCTOR - Open Lanes)

Open Water Walking 12:00pm-1:00pm (NO INSTRUCTOR)

### **Tuesday, March 12**

Lap Swim: 6:00am-8:00am / 10:00am-1:00pm / 4:00pm-7:00pm

Open Water Walking (current channel on): 8:00am-10:00am

Aqua Fusion: 11:00am-12:00pm

Yoga: 8:00am-9:00am

### **Wednesday, March 13**

Lap Swim: 6:00am-12:00pm / 4:00pm-8:00pm

AquaFit: 9:30am-10:30am

Cardio Conditioning: 11:00am-12:00pm

Water Walking Class: 12:00pm-1:00pm

### **Thursday, March 14**

Lap Swim: 6:00am-8:00am / 10:00am-1:00pm / 4:00pm-7:00pm

Open Water Walking (current channel on): 8:00am-10:00am

Aqua Fusion: 11:00am-12:00pm

Open Swim (Kids Leisure Pool): 4:00pm-7:30pm

### **Friday, March 15**

Lap Swim: 6:00am-10:30am / 1:00pm-6:00pm

Open Water Walking (current channel on): 10:30am-12:00pm

Water Walking Class: 12:00pm-1:00pm