

Weekly Calendar

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 () 6a-7a Freestyle () 7a-8a Freestyle () 1p-2p Freestyle () 2p-3p Freestyle () 10:30a-11:30a Freestyle () 11:30a-12:30p Freestyle	3 () 6a-7a Freestyle () 7a-8a Freestyle () 1p-2p Freestyle () 2p-3p Freestyle () 3:15p-4:15p Freestyle () 4:15p-5:15p Freestyle	4 () 6a-7a Freestyle () 7a-8a Freestyle () 1p-2p Freestyle () 2p-3p Freestyle () 10:30a-11:30a Freestyle () 11:30a-12:30p Freestyle () 3:15p-4:15p Freestyle () 4:15p-5:15p Freestyle	5 () 6a-7a Freestyle () 7a-8a Freestyle () 8a-9a Freestyle () 1p-2p Clinic Freestyle () 2p-3p Freestyle () 3:15p-4:15p Freestyle () 4:15p-5:15p Freestyle	6	7 () 10:15a-11:15a Freestyle () 11:15a-12:15p Freestyle