

Weekly Calendar

August 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4	5 () 6:30a-7:30a Freestyle () 7:30a-8:30a Freestyle () 11:30a-12:30p Freestyle () 12:30p-1:30p Freestyle () 1:30p-2:30p Freestyle	6	7 () 6:30a-7:30a Freestyle () 7:30a-8:30a Freestyle () 11:30a-12:30p Freestyle () 12:30p-1:30p Freestyle () 1:30p-2:30p Freestyle	8	9 () 6:30a-7:30a Freestyle () 7:30a-8:30a Freestyle	10 () 10:15a-11:15a Freestyle () 11:15a-12:15p Freestyle