

Salt Lake City Sports Complex

Sunday								Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Times								
East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West																										
1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8		1	2	3	4	5	6	7	8
Building Closed								Pool Closed (Indoor Open)								Pool Closed								Pool Closed								Pool Closed								Pool Closed (Indoor Open)								Pool Closed								5:00 AM								
																Pool Closed (Indoor Open)																								6:00-7:00 AM																								
																Pool Closed (Indoor Open)																								7:00-8:00 AM																								
																Pool Closed (Indoor Open)																								8:00-9:00 AM																								
Adult Fitness Swim 11:30-12:30pm 4 lanes								IAFS Adult Fitness Swim 12:00-1:00pm 5 lanes								Adult Fitness Swim 12:00-1:00pm 5 lanes								IAFS Adult Fitness Swim 12:00-1:00pm 5 lanes								Adult Fitness Swim 12:00-1:00pm 5 lanes								IAFS Adult Fitness Swim 12:00-1:00pm 5 lanes								9:00-10:00 AM																
Splash and Swim								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								10:00-11:00 AM																
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								11:00-12:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								12:00-1:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								1:00-2:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								2:00-3:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								3:00-4:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								4:00-5:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								5:00-6:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								6:00-7:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								7:00-8:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								8:00-9:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								9:00-10:00 PM								
Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								10:00-11:00 PM								
Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming																
Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								
No lanes available								No lanes available								No lanes available								No lanes available								No lanes available								No lanes available								No lanes available								No lanes available								
Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								