

Salt Lake City Sports Complex

Sunday								Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Times							
East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West																									
1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8		1	2	3	4	5	6	7
Building Closed								Pool Closed (Indoor Open)								Pool Closed								Pool Closed								Pool Closed								Pool Closed (Indoor Open)								Pool Closed								5:00 AM							
																Pool Closed (Indoor Open)																																6:00-7:00 AM															
																Pool Closed (Indoor Open)																																AFS 3 Lanes 8-9:30am								7:00-8:00 AM							
																Pool Closed (Indoor Open)																																Pool Closed (Indoor Open)								8:00-9:00 AM							
Adult Fitness Swim 11:30-12:30pm 4 lanes								IAFS 12:00-1:00pm 5 lanes								Adult Fitness Swim 12:00-1:00pm 5 lanes								IAFS 12:00-1:00pm 5 lanes								Adult Fitness Swim 12:00-1:00pm 5 lanes								IAFS 12:00-1:00pm 5 lanes								9:00-10:00 AM															
Splash and Swim								U of U 4 Lanes 2pm-3:30pm								U of U 4 Lanes 2pm-4pm								Splash and Swim								10:00-11:00 AM																															
Building Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								11:00-12:00 PM															
Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								12:00-1:00 PM															
Water Walking								Water Walking								Water Walking								Water Walking								Water Walking								Water Walking								1:00-2:00 PM															
Rental Swim Team								Rental Swim Team								Rental Swim Team								Rental Swim Team								Rental Swim Team								Rental Swim Team								2:00-3:00 PM															
Splash and Swim								Splash and Swim								Splash and Swim								Splash and Swim								Splash and Swim								Splash and Swim								3:00-4:00 PM															
County Program								County Program								County Program								County Program								County Program								County Program								4:00-5:00 PM															
County Program								County Program								County Program								County Program								County Program								County Program								County Program								5:00-6:00 PM							
County Program								County Program								County Program								County Program								County Program								County Program								County Program								6:00-7:00 PM							
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County Program								County Program								County Program								County Program								County Program								County Program								County Program								9:00-10:00 PM							
County Program								County Program								County Program								County Program								County Program								County Program								County Program								10:00-11:00 PM							