

		Lap Swimming										Water Walking										Rental Swim Team										Splash and Swim										County Program																																																																					
		Salt Lake City Sports Complex Indoor Pool Schedule																																																																																																													
Time	Sunday, 11/24/2024										Monday, 11/25/2024										Tuesday, 11/26/2024										Wednesday, 11/27/2024										Thursday, 11/28/2024										Friday, 11/29/2024										Saturday, 11/30/2024										Time																																								
	(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)																																																												
	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7		6	5	4	3	2	1	0																																	
5:00-6:00 AM	Building Closed																																																		Building Closed										5:00-6:00 AM																																																		
6:00-7:00 AM																					Rental 2 Lanes 6-7:30										Rental 3 Lanes 6-7:30am										AFS 3 Lanes 5:30-7										Rental 2 Lanes 6:15-7:30										AFS 3 Lanes 5:30-7										Rental 2 Lanes 6-7:30										Rental 3 Lanes 6-7:30am										AFS 3 Lanes 5:30-7										6:00-7:00 AM										
7:00-8:00 AM																																																																																											7:00-8:00 AM																				
8:00-9:00 AM																					Water Aerobics 4 Lanes 8:30-9:30AM																																																		Rental 4 lanes 8-9:30am										Adult Fitness Swimming 8-10:00 5 lanes										8:00-9:00 AM																				
9:00-10:00 AM																																																																																																					9:00-10:00 AM										
10:00-11:00 AM																					Water Aerobics 4 Lanes 10-11AM										Water Aerobics 4 Lanes 10-11AM										Rental 3-5 lanes 9-11:45																																																		10:00-11:00 AM																				
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4:00-5:00 PM	Pool Closed to Public										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 4:15-5:15pm										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 4:15-5:15pm										Rental 3 Lanes 3:30-5:00										Rental 3 Lanes 3:45-5:15										Rental 3 Lanes 3:45-5:15										4:00-5:00 PM																														
5:00-6:00 PM																					Skyline 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM										Rental 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM										Rental 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM										5:00-6:00 PM																														
6:00-7:00 PM																					Legends 4 lanes 5:15-6:45										AFS 4 Lanes 6:30-7:30										Water Aerobics 4 lanes 6:30-7:30 PM										AFS 4 Lanes 6:30-7:30																														6:00-7:00 PM																														
7:00-8:00 PM											Adult Water Polo 7:30 PM-9:00 PM 6 lanes																																																																																7:00-8:00 PM																				
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