

Salt Lake City Sports Complex Indoor Pool Schedule

Time	Sunday, 12/8/2024										Monday, 12/9/2024										Tuesday, 12/10/2024										Wednesday, 12/11/2024										Thursday, 12/12/2024										Friday, 12/13/2024										Saturday, 12/14/2024										Time																																																		
	(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)																																																																						
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5:00-6:00 AM	Building Closed																																																		Building Closed										5:00-6:00 AM																																																												
6:00-7:00 AM																					Rental 2 Lanes 6-7:30										Rental 3 Lanes 6-7:30am										AFS 3 Lanes 5:30-7																				Rental 2 Lanes 6-7:30										Rental 3 Lanes 6-7:30am										AFS 3 Lanes 5:30-7										Rental 2 Lanes 6-7:30										Rental 3 Lanes 6-7:30am										AFS 3 Lanes 5:30-7										6:00-7:00 AM
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9:00-10:00 AM																																																																							Rental 3-5 Lanes 9-11 AM																				9:00-10:00 AM																														
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4:00-5:00 PM	Pool Closed to Public										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 3:15-4:15pm										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 3:15-4:15pm										Rowland Hall 3 Lanes 3:30-5:00										Rental 3 Lanes 3:45-5:15										Rental 3 Lanes 3:45-5:15										High School Swim Meet										Rental 3 Lanes 3:30-5:00										Rental 5 lanes 4-5:30pm										4:00-5:00 PM										
5:00-6:00 PM																					Rental 4 lanes 5:15-6:30 PM										STAT 4 lanes 5:15 - 6:30 PM										Rental 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM										Rental 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM																														Rental 1-3 lanes 5:00-6:30										Rental 3 lanes 5:30-6:15										5:00-6:00 PM
6:00-7:00 PM																					AFS 4 Lanes 6:30-7:30										Rental 4 Lanes 6:30-8pm										Water Aerobics 4 lanes 6:30-7:30 PM										Rental 5 lanes 6:30-8pm										AFS 4 Lanes 6:30-7:30																														Water Aerobics 4 lanes 6:30-7:30 PM										AFS 4 Lanes 6:30-7:30										6:00-7:00 PM										
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