Salt Lake City Sports Complex Indoor Pool Schedule

Time	12/01/20204 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Monday, 12/2/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Tuesday, 12/3/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Wednesday, 12/4/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Thursday, 12/5/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Friday, 12/6/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Saturday, 12/7/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Time
5:00-6:00 AM	Building Closed		AFS 3 Lanes 5:30-7		AFS 3 Lanes 5:30-7		Building Closed	5:00-6:00 AM
6:00-7:00 AM		Rental 2 Lanes 6-7:30; Rental 3 Lanes 6-7:30am; AFS 3 Lanes 5:30-7		Rental 2 Lanes 6-7:30; Rental 3 Lanes 6-7:30am; AFS 3 Lanes 5:30-7		Rental 2 Lanes 6-7:30; Rental 3 Lanes 6-7:30am; AFS 3 Lanes 5:30-7		6:00-7:00 AM
7:00-8:00 AM			AFS 3 Lanes 7-8 AM					7:00-8:00 AM
8:00-9:00 AM		Water Aerobics 4 Lanes 8:30-9:30AM		Water Aerobics 4 Lanes 8:30-9:30AM		Water Aerobics 4 Lanes 8:30-9:30AM	Adult Fitness Swimming 8-10:00 5 lanes	8:00-9:00 AM
9:00-10:00 AM								9:00-10:00 AM
10:00-11:00 AM	Water Aerobics 5 Lanes 10:30-11:30AM		Water Aerobics 4 Lanes 10-11AM	Water Aerobics 4 Lanes 10-11AM	Water Aerobics 4 Lanes 10-11AM			10:00-11:00 AM
11:00-12:00 PM	AFS 11:30-12:30 6 lanes	IAFS		IAFS		IAFS		11:00-12:00 PM
12:00-1:00 PM		AFS 12-1 6 Lanes	AFS 12-1 6 Lanes	AFS 12-1 6 Lanes	AFS 12-1 6 Lanes	AFS 12-1 6 Lanes		12:00-1:00 PM
1:00-2:00 PM						Rental 6 Lanes 1:00-2:30pm		1:00-2:00 PM
2:00-3:00 PM								2:00-3:00 PM
3:00-4:00 PM		Rental 6 Lanes 3:15-4:15pm	Rental 6 Lanes 3:15-4:15pm		Rental 6 Lanes 3:15-4:15pm			3:00-4:00 PM
4:00-5:00 PM	Pool Closed to Public	Rental 3 Lanes 3:30-5:00; Rental 6 Lanes 4:15-5:15pm	Rental 3 Lanes 3:30-5:00; Rental 6 Lanes 4:15-5:15pm	Rowland Hall 3 Lanes 3:30-5:00; Rental3 Lanes 3:45-5:15; Rental 3 Lanes 3:45-5:15	Rental 3 Lanes 3:30-5:00; Rental 6 Lanes 4:15-5:15pm	Rental 3 Lanes 3:30-5:00; Rental 5 lanes 4-5:30pm		4:00-5:00 PM
5:00-6:00 PM		Rental 5-6:30; Rental 4 lanes 5:15-6:45; STAT 4 lanes 5:15 - 6:30 PM	Swim Lessons; Rental 1-3 lanes 5:00-6:30; STAT 4 lanes 5:15 - 6:30 PM	Rental 1-3 lanes 5:00-6:30; STAT 4 lanes 5:15 - 6:30 PM	Swim Lessons; Rental 1-3 lanes 5:00-6:30; STAT 4 lanes 5:15 - 6:30 PM	Rental 1-3 lanes 5:00-6:30		5:00-6:00 PM
6:00-7:00 PM		AFS 4 Lanes 6:30-7:30	Water Aerobics 4 lanes 6:30-7:30 PM	Rental 5 lanes 6:30-8pm; AFS 4 Lanes 6:30-7:30	Rental 3-4 lanes 6:30-8pm; Water Aerobics 4 lanes 6:30-7:30 PM	AFS 4 Lanes 6:30-7:30		6:00-7:00 PM
7:00-8:00 PM		Adult Water Polo 7:30 PM-9:00 PM 6 lanes			Adult Water Polo 7:30 PM-9:00 PM 6 lanes			7:00-8:00 PM
8:00-9:00 PM							Pool Closed to Public	8:00-9:00 PM
9:00-10:00 PM		Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public		9:00-10:00 PM
10:00-11:00 PM								10:00-11:00 PM