

Lap Swimming Water Walking Rental Swim Team Splash and Swim County Program

### Salt Lake City Sports Complex Indoor Pool Schedule

Time	Sunday, 12/22/2024										Monday, 12/23/2024										Tuesday, 12/24/2024										Wednesday, 12/25/2024										Thursday, 12/26/2024										Friday, 12/27/2024										Saturday, 12/28/2024										Time					
	(Shallow) Lanes (Deep)					(Shallow) Lanes (Deep)					(Shallow) Lanes (Deep)					(Shallow) Lanes (Deep)					(Shallow) Lanes (Deep)					(Shallow) Lanes (Deep)					(Shallow) Lanes (Deep)					(Shallow) Lanes (Deep)																																								
	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7		6	5	4	3	2
5:00-6:00 AM	Building Closed																														Building Closed										Building Closed										5:00-6:00 AM																									
6:00-7:00 AM	Building Closed																														AFS 3 Lanes 5:30-7										AFS 3 Lanes 5:30-7										AFS 3 Lanes 5:30-7										AFS 3 Lanes 5:30-7										6:00-7:00 AM					
7:00-8:00 AM	Building Closed										Rental 2 Lanes 7-8:30										Rental 3 Lanes 7-8:30am																				AFS 3 Lanes 7-8 AM																				7:00-8:00 AM															
8:00-9:00 AM	Building Closed																				Water Aerobics 4 Lanes 8:30-9:30AM																														Water Aerobics 4 Lanes 8:30-9:30AM										Adult Fitness Swimming 8-10:00 5 lanes										8:00-9:00 AM					
9:00-10:00 AM	Building Closed																				Rental 3-5 lanes 9-11:45am										Water Aerobics 4 Lanes 10-11AM										Rental 3-5 lanes 9-11:45am																														9:00-10:00 AM					
10:00-11:00 AM	US Army 2 lanes										Water Aerobics 5 Lanes 10:30-11:30AM																														Water Aerobics 4 Lanes 10-11AM																				10:00-11:00 AM															
11:00-12:00 PM	AFS 11:30-12:30 6 lanes										US Army										IAFS																														IAFS																				11:00-12:00 PM					
12:00-1:00 PM											AFS 12-1 6 Lanes																				AFS 12-1 6 Lanes										AFS 12-1 6 Lanes										AFS 12-1 6 Lanes										12:00-1:00 PM															
1:00-2:00 PM																															CHRISTMAS Facility Closed																														1:00-2:00 PM															
2:00-3:00 PM																															CHRISTMAS Facility Closed																														2:00-3:00 PM															
3:00-4:00 PM																															CHRISTMAS Facility Closed																														3:00-4:00 PM															
4:00-5:00 PM	Pool Closed to Public										Rental 3 Lanes 3:30-5:00										Rental 3 Lanes 3:45-5:15										Rental 3 Lanes 3:45-5:15										Rental 3 Lanes 3:30-5:00										Rental 3 Lanes 3:30-5:00										4:00-5:00 PM															
5:00-6:00 PM	Pool Closed to Public										Rental 4 lanes 5:15-6:45										STAT 4 lanes 5:15 - 6:30 PM										AFS 4 Lanes 6:30-7:30										CHRISTMAS EVE Pool Closed to Public										Swim Lessons										5:00-6:00 PM															
6:00-7:00 PM	Pool Closed to Public																																								Rental 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM										Rental 1-3 lanes 5:00-6:30										6:00-7:00 PM					
7:00-8:00 PM	Pool Closed to Public																																								Water Aerobics 4 lanes 6:30-7:30 PM										AFS 4 Lanes 6:30-7:30										Adult Water Polo 7:30 PM-9:00 PM 6 lanes										7:00-8:00 PM					
8:00-9:00 PM	Pool Closed to Public																																																																						8:00-9:00 PM					
9:00-10:00 PM	Pool Closed to Public																																								Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										9:00-10:00 PM					
10:00-11:00 PM	Pool Closed to Public																																								Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										10:00-11:00 PM					