

Lap Swimming Water Walking Rental Swim Team Splash and Swim County Program

Salt Lake City Sports Complex Indoor Pool Schedule

Time	Sunday, 12/15/2024										Monday, 12/16/2024										Tuesday, 12/17/2024										Wednesday, 12/18/2024										Thursday, 12/19/2024										Friday, 12/20/2024										Saturday, 12/21/2024										Time																																								
	Shallow					Lanes					Deep					Shallow					Lanes					Deep					Shallow					Lanes					Deep					Shallow					Lanes					Deep																																																							
	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7		6	5	4	3	2	1	0																																	
5:00-6:00 AM	Building Closed																																																		Building Closed										5:00-6:00 AM																																																		
6:00-7:00 AM	Building Closed										Rental 2 Lanes 6:30-7:30am										AFS 3 Lanes 5:30-7										Rental 2 Lanes 6:30-7:30am										Rental 3 Lanes 6:30-7:30am										AFS 3 Lanes 5:30-7										Rental 2 Lanes 6:30-7:30am										Rental 3 Lanes 6:30-7:30am										AFS 3 Lanes 5:30-7										6:00-7:00 AM																				
7:00-8:00 AM	Building Closed																				AFS 3 Lanes 7-8 AM																																																												7:00-8:00 AM																														
8:00-9:00 AM	Building Closed										Water Aerobics 4 Lanes 8:30-9:30AM																				Water Aerobics 4 Lanes 8:30-9:30AM																														Water Aerobics 4 Lanes 8:30-9:30AM										Adult Fitness Swimming 8-10:00 5 lanes										8:00-9:00 AM																														
9:00-10:00 AM	Building Closed																																																												Rental 3-5 Lanes 9-11 AM																				9:00-10:00 AM																														
10:00-11:00 AM	Water Aerobics 5 Lanes 10:30-11:30AM																				Water Aerobics 4 Lanes 10-11AM										Water Aerobics 4 Lanes 10-11AM										Water Aerobics 4 Lanes 10-11AM																																								10:00-11:00 AM																														
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3:00-4:00 PM											Rental 6 Lanes 3:15-4:15pm										Rental 6 Lanes 3:15-4:15pm										Rental 6 Lanes 3:15-4:15pm										Rental 6 Lanes 3:15-4:15pm										Rental 6 Lanes 3:15-4:15pm										Rental 6 Lanes 3:15-4:15pm										3:00-4:00 PM																																								
4:00-5:00 PM	Building Closed										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 4:15-5:15pm										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 4:15-5:15pm										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 4:15-5:15pm										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 4:15-5:15pm										4:00-5:00 PM																				
5:00-6:00 PM	Building Closed										Rental 4 lanes 5:15-6:45										STAT 4 lanes 5:15 - 6:30 PM										Swim Lessons										Rental 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM										Swim Lessons										Rental 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM										Swim Lessons										5:00-6:00 PM										
6:00-7:00 PM	Building Closed										Rental 4 lanes 5:15-6:45										AFS 4 Lanes 6:30-7:30										Swim Lessons										Water Aerobics 4 lanes 6:30-7:30 PM										Rental 5 lanes 6:30-8pm										AFS 4 Lanes 6:30-7:30										Swim Lessons										Water Aerobics 4 lanes 6:30-7:30 PM										Rental 1-3 lanes 5:00-6:30										Rental 3 lanes 5:30-6:15										6:00-7:00 PM
7:00-8:00 PM	Pool Closed to Public										Adult Water Polo 7:30 PM-9:00 PM 6 lanes																																																		Adult Water Polo 7:30 PM-9:00 PM 6 lanes										AFS 4 Lanes 6:30-7:30																				7:00-8:00 PM																				
8:00-9:00 PM	Pool Closed to Public										Lanes 6-10 Closed																																																																																										8:00-9:00 PM										
9:00-10:00 PM	Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										9:00-10:00 PM																				
10:00-11:00 PM	Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										10:00-11:00 PM																				