

		Lap Swimming		Water Walking		Rental Swim Team		Splash and Swim		County Program																																																																														
Salt Lake City Sports Complex Indoor Pool Schedule																																																																																								
Time	Thursday, 10/17/2024										Friday, 10/18/2024										Saturday, 10/19/2024										Sunday, 10/20/2024										Monday, 10/21/2024										Tuesday, 10/22/2024										Wednesday, 10/23/2024										Time																	
	Shallow					Lanes (Deep)					Shallow					Lanes (Deep)					Shallow					Lanes (Deep)					Shallow					Lanes (Deep)					Shallow					Lanes (Deep)																																										
	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0
5:00-6:00 AM	Building Closed															AFS 3 Lanes 5:30-7																																																																								
6:00-7:00 AM											Judge 2 Lanes 6-7:30					East 3 Lanes 6-7:30am										AFS 3 Lanes 5:30-7					Judge 2 Lanes 6-7:30					East 3 Lanes 6-7:30am										AFS 3 Lanes 5:30-7																																										
7:00-8:00 AM																					AFS 3 Lanes 7-8 AM																																																																			
8:00-9:00 AM																Water Aerobics 4 Lanes 8:30-9:30AM															Water Aerobics 4 Lanes 8:30-9:30AM															Water Aerobics 4 Lanes 8:30-9:30AM																																										
9:00-10:00 AM																																																																																								
10:00-11:00 AM						Water Aerobics 5 Lanes 10:30-11:30AM					Water Aerobics 4 Lanes 10-11AM					Water Aerobics 4 Lanes 10-11AM					Water Aerobics 4 Lanes 10-11AM																																																																			
11:00-12:00 PM						AFS 11:30-12:30 6 lanes					IAFS										IAFS															IAFS																																																				
12:00-1:00 PM											AFS 12-1 6 Lanes					AFS 12-1 6 Lanes					AFS 12-1 6 Lanes										AFS 12-1 6 Lanes					AFS 12-1 6 Lanes																																																				
1:00-2:00 PM																																									Judge 6 Lanes 1:00-2:30pm					Building Closed University Game Day																																										
2:00-3:00 PM																																																																																								
3:00-4:00 PM											Rowland Hall 3 Lanes 3:30-5:00					Judge 6 Lanes 3:15-4:15pm					Rowland Hall 3 Lanes 3:30-5:00					Judge 6 Lanes 3:15-4:15pm					Rowland Hall 3 Lanes 3:30-5:00					Judge 3 Lanes 3:45-5:15					East 3 Lanes 3:45-5:15															Rowland Hall 3 Lanes 3:30-5:00					Legends 5 lanes 4-5:30pm																											
4:00-5:00 PM	Pool Closed to Public										Rowland Hall 3 Lanes 3:30-5:00					East 6 Lanes 4:15-5:15pm					Rowland Hall 3 Lanes 3:30-5:00					East 6 Lanes 4:15-5:15pm					Rowland Hall 3 Lanes 3:30-5:00					Judge 3 Lanes 3:45-5:15					East 3 Lanes 3:45-5:15															High School Swim Meet										Rowland Hall 3 Lanes 3:30-5:00					Legends 5 lanes 4-5:30pm																	
5:00-6:00 PM											Skyline 5:00-6:30					Legends 4 lanes 5:15-6:45					STAT 4 lanes 5:15 - 6:30 PM					Swim Lessons					Skyline 1-3 lanes 5:00-6:30					STAT 4 lanes 5:15 - 6:30 PM					Skyline 1-3 lanes 5:00-6:30																									STAT 4 lanes 5:15 - 6:30 PM					Skyline 1-3 lanes 5:00-6:30																	
6:00-7:00 PM																AFS 4 Lanes 6:30-7:30										Water Aerobics 4 lanes 6:30-7:30 PM										Legends 5 lanes 6:30-8pm					AFS 4 Lanes 6:30-7:30					Water Aerobics 4 lanes 6:30-7:30 PM					AFS 4 Lanes 6:30-7:30																																					
7:00-8:00 PM																Adult Water Polo 7:30 PM-9:00 PM 6 lanes															UofU Water Polo 4 lanes 7:30-9:00pm															Adult Water Polo 7:30 PM-9:00 PM 6 lanes																																										
8:00-9:00 PM																																																																																								
9:00-10:00 PM	Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public																																															
10:00-11:00 PM																																																																																								