

Lap Swimming

Water Walking

Rental Swim Team

Splash and Swim

County Program

Salt Lake City Sports Complex Outdoor Pool Schedule

Time	Sunday, 9/15/24								Monday, 9/16/2024								Tuesday, 9/17/2024								Wednesday, 9/18/2024								Thursday, 9/19/2024								Friday, 9/20/2024								Saturday, 9/21/2024								Time						
	East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West																								
	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8		1	2	3	4	5	6
5:00-6:00 AM	Building Closed								Pool Closed (Indoor Open)								Pool Closed								Pool Closed								Pool Closed (Indoor Open)								Pool Closed								5:00-6:00 AM														
6:00-7:00 AM																	Pool Closed																								6:00-7:00 AM																						
7:00-8:00 AM																	Pool Closed																								7:00-8:00 AM																						
8:00-9:00 AM																	Pool Closed																								Adult Fitness 3 lanes 8:00-9:30				8:00-9:00 AM																		
9:00-10:00 AM																	Pool Closed																								Pool Closed (Indoor Open)				9:00-10:00 AM																		
10:00-11:00 AM	Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								10:00-11:00 AM																																						
11:00-12:00 PM	Adult Fitness 4 lanes 11:30-12:30				IAFS				IAFS								IAFS				IAFS								11:00-12:00 PM																																		
12:00-1:00 PM	Adult Fitness 5 lanes 12:00-1:00 PM				Adult Fitness 5 lanes 12:00-1:00 PM				Adult Fitness 5 lanes 12:00-1:00 PM								Adult Fitness 5 lanes 12:00-1:00 PM				Adult Fitness 5 lanes 12:00-1:00 PM								Adult Fitness 5 lanes 12:00-1:00 PM				12:00-1:00 PM																														
1:00-2:00 PM	Splash and Swim								Rental 4 lanes 2:00-3:30								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Splash and Swim				1:00-2:00 PM										
2:00-3:00 PM	Rental 4 lanes 2:00-3:30								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Splash and Swim				2:00-3:00 PM										
3:00-4:00 PM	Rental 4 lanes 2:00-3:30								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Rental 4 lanes 2:00-4:00								Splash and Swim				3:00-4:00 PM										
4:00-5:00 PM	Building Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed								4:00-5:00 PM														
5:00-6:00 PM																																									Pool Closed								5:00-6:00 PM														
6:00-7:00 PM																																									Pool Closed								Building Closed								6:00-7:00 PM						
7:00-8:00 PM																																									Pool Closed								Building Closed								7:00-8:00 PM						
8:00-9:00 PM																																									Pool Closed								Building Closed								8:00-9:00 PM						
9:00-10:00 PM	Pool Closed								Building Closed								9:00-10:00 PM																																														
10:00-11:00 PM	Pool Closed								Building Closed								10:00-11:00 PM																																														