

Lap Swimming

Water Walking

Rental Swim Team

Splash and Swim

County Program

Salt Lake City Sports Complex Outdoor Pool Schedule

Time	Sunday, 8/25/24								Monday, 8/26/2024								Tuesday, 8/27/2024								Wednesday, 8/28/2024								Thursday, 8/29/2024								Friday, 8/30/2024								Saturday, 8/31/2024								Time						
	East				Lanes				West				East				Lanes				West				East				Lanes				West				East				Lanes				West																		
	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8		1	2	3	4	5	6
5:00-6:00 AM	Building Closed								Pool Closed (Indoor Open)								Pool Closed								Pool Closed								Pool Closed (Indoor Open)								5:00-6:00 AM																						
6:00-7:00 AM																	Pool Closed								Pool Closed																6:00-7:00 AM																						
7:00-8:00 AM																	Pool Closed (Indoor Open)								Pool Closed																Pool Closed (Indoor Open)								7:00-8:00 AM														
8:00-9:00 AM																	Pool Closed (Indoor Open)								Pool Closed																Pool Closed (Indoor Open)								8:00-9:00 AM														
9:00-10:00 AM																	Pool Closed (Indoor Open)								Pool Closed																Pool Closed (Indoor Open)								9:00-10:00 AM														
10:00-11:00 AM	Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								10:00-11:00 AM																														
11:00-12:00 PM	Adult Fitness 11:30-12:30 PM 4 lanes				Splash and Swim				IAFS				Adult Fitness Swim 12:00-1:00 PM 5 lanes				Adult Fitness Swim 12:00-1:00 PM 5 lanes				IAFS				Adult Fitness Swim 12:00-1:00 PM 5 lanes				Adult Fitness Swim 12:00-1:00 PM 5 lanes				Pool Closed University Game Day								11:00-12:00 PM																						
12:00-1:00 PM	Adult Fitness 11:30-12:30 PM 4 lanes								IAFS				Adult Fitness Swim 12:00-1:00 PM 5 lanes				Adult Fitness Swim 12:00-1:00 PM 5 lanes				IAFS				Adult Fitness Swim 12:00-1:00 PM 5 lanes				12:00-1:00 PM																																		
1:00-2:00 PM	Pool Closed								Pool Closed								Pool Closed								Pool Closed																1:00-2:00 PM																						
2:00-3:00 PM	Pool Closed								Pool Closed								U of U 4 lanes 2:00-4:00 PM				U of U 4 lanes 2:00-4:00 PM				U of U 4 lanes 2:00-4:00 PM				U of U 4 lanes 2:00-4:00 PM												2:00-3:00 PM																						
3:00-4:00 PM	Pool Closed								Pool Closed								U of U 4 lanes 2:00-4:00 PM				U of U 4 lanes 2:00-4:00 PM				U of U 4 lanes 2:00-4:00 PM				U of U 4 lanes 2:00-4:00 PM												3:00-4:00 PM																						
4:00-5:00 PM	Building Closed								LABOR DAY: Pool Closed AT 2:00 PM								Pool Closed								Pool Closed								Pool Closed								Pool Closed								4:00-5:00 PM														
5:00-6:00 PM																	Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								5:00-6:00 PM														
6:00-7:00 PM																	Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								6:00-7:00 PM														
7:00-8:00 PM																	Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								7:00-8:00 PM														
8:00-9:00 PM																	Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								8:00-9:00 PM														
9:00-10:00 PM	Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								9:00-10:00 PM																														
10:00-11:00 PM	Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								10:00-11:00 PM																														