OUTDOOR POOL
Week of 7/28/24

Salt Lake City Sports Complex

Times	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	East Lanes West (1 2 3 4 5 6 7 8)	East Lanes West (1 2 3 4 5 6 7 8)	East Lanes West (1 2 3 4 5 6 7 8)	East Lanes West (1 2 3 4 5 6 7 8)	East Lanes West (1 2 3 4 5 6 7 8)	East Lanes West (1 2 3 4 5 6 7 8)	East Lanes West (1 2 3 4 5 6 7 8)
5:00 AM	Building Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed
6:00-7:00 AM		AFS 2 lanes 6-7am	AFS 2 lanes 6-7am	AFS 2 lanes 6-7am	AFS 2 lanes 6-7am	AFS 2 lanes 6-7am	Swim Team 5 Lanes 6am-8am
7:00-8:00 AM							
8:00-9:00 AM							Adult Fitness Swimming 3 lanes 8:00-9:30am
9:00-10:00 AM		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
10:00-11:00 AM						U of U 10am-12pm 4 Lanes	
11:00-12:00 PM	Adult Fitness Swim 11:30-12:30pm 4 lanes	IAFS		IAFS		IAFS	
12:00-1:00 PM	Splash and Swim	Adult Fitness Swim 12:00-1:00pm 5 lanes	Adult Fitness Swim 12:00-1:00pm 5 lanes	Adult Fitness Swim 12:00-1:00pm 5 lanes	Adult Fitness Swim 12:00-1:00pm 5 lanes	Adult Fitness Swim 12:00-1:00pm 5 lanes	Splash and Swim
1:00-2:00 PM		Splash and Swim	Splash and Swim	Splash and Swim	Splash and Swim	Splash and Swim	
2:00-3:00 PM		Swim Team 4 Lanes 1:45pm-4:45pm	Swim Team 4 Lanes 1:45pm-4:45pm	Swim Team 4 Lanes 1:45pm-4:45pm	Swim Team 4 Lanes 1:45pm-4:45pm	Swim Team 4 Lanes 1:45pm-4:45pm	
3:00-4:00 PM							
4:00-5:00 PM							
5:00-6:00 PM		YAFS 3 Lanes 5pm-6pm	YAFS 3 Lanes 5pm-6pm	YAFS 3 Lanes 5pm-6pm	YAFS 3 Lanes 5pm-6pm	YAFS 3 Lanes 5pm-6pm	
6:00-7:00 PM	Building Closed	Adult Fitness Swim 6:30-7:30pm 4 lanes		Adult Fitness Swim 6:30-7:30pm 4 lanes		Adult Fitness Swim 6:30-7:30pm 4 lanes	
7:00-8:00 PM							
8:00-9:00 PM		Building Closed	Building Closed	Building Closed	Building Closed	Building Closed	Building Closed
9:00-10:00 PM							
10:00-11:00 PM							
	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming
	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team
	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available
	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming

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SALT LAKE COUNTY
PARKS & RECREATION