OUTDOOR POOL
Week of 7/21/24

Salt Lake City Sports Complex

Times	Sunday (East 1–8 West)	Monday (East 1–8 West)	Tuesday (East 1–8 West)	Wednesday (East 1–8 West)	Thursday (East 1–8 West)	Friday (East 1–8 West)	Saturday (East 1–8 West)
5:00 AM	Building Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed
6:00-7:00 AM		AFS 2 lanes 6-7am	AFS 2 lanes 6-7am		AFS 2 lanes 6-7am	AFS 2 lanes 6-7am	Swim Team 5 Lanes 6am-8am
7:00-8:00 AM		Swim Team 2 Lanes 7:30-9:30	Swim Team 2 Lanes 7:30-9:30				
8:00-9:00 AM							Adult Fitness Swimming 3 lanes 8:00-9:30am
9:00-10:00 AM		Swim Lessons	Swim Lessons	Swim Lessons / Splash and Swim	Swim Lessons		
10:00-11:00 AM						U of U 10am-12pm 4 Lanes	
11:00-12:00 PM	Adult Fitness Swim 11:30-12:30pm 4 lanes	IAFS		IAFS		IAFS	
12:00-1:00 PM	Splash and Swim	Adult Fitness Swim 12:00-1:00pm 5 lanes / Splash and Swim	Adult Fitness Swim 12:00-1:00pm 5 lanes / Splash and Swim	Adult Fitness Swim 12:00-1:00pm 5 lanes / Splash and Swim	Adult Fitness Swim 12:00-1:00pm 5 lanes / Splash and Swim	Adult Fitness Swim 12:00-1:00pm 5 lanes / Splash and Swim	Splash and Swim
1:00-2:00 PM		Swim Team 4 Lanes 1:45pm-4:45pm	Swim Team 4 Lanes 1:45pm-4:45pm	Pool Closed	Swim Team 4 Lanes 1:45pm-4:45pm	Swim Team 4 Lanes 1:45pm-4:45pm	
2:00-3:00 PM							
3:00-4:00 PM							
4:00-5:00 PM							
5:00-6:00 PM		YAFS 3 Lanes 5pm-6pm	YAFS 3 Lanes 5pm-6pm		YAFS 3 Lanes 5pm-6pm	YAFS 3 Lanes 5pm-6pm	
6:00-7:00 PM	Building Closed	Adult Fitness Swim 6:30-7:30pm 4 lanes				Adult Fitness Swim 6:30-7:30pm 4 lanes	
7:00-8:00 PM							
8:00-9:00 PM		Building Closed	Building Closed		Building Closed	Building Closed	Building Closed
9:00-10:00 PM							
10:00-11:00 PM							
	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming
	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team
	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available
	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming

OUTDOOR POOL
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SALT LAKE COUNTY
PARKS & RECREATION