

Salt Lake City Sports Complex

Sunday								Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Times								
East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West																										
1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8		1	2	3	4	5	6	7	8
Building Closed								Pool Closed (Indoor Open)								Pool Closed								Pool Closed								Pool Closed (Indoor Open)								Pool Closed								5:00 AM																
																Pool Closed																								6:00-7:00 AM																								
																Pool Closed																								7:00-8:00 AM																								
																Pool Closed																								Adult Fitness Swimming 3 lanes 8:00-9:30am	8:00-9:00 AM																							
																Pool Closed																								9:00-10:00 AM																								
Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								10:00-11:00 AM																																
Adult Fitness Swim 11:30-12:30pm 4 lanes								IAFS								Adult Fitness Swim 12:00-1:00pm 5 lanes								IAFS								Adult Fitness Swim 12:00-1:00pm 5 lanes								IAFS								Adult Fitness Swim 12:00-1:00pm 5 lanes								11:00-12:00 PM								
Splash and Swim								Adult Fitness Swim 12:00-1:00pm 5 lanes								U of U 4 Lanes 2pm-3:30pm								U of U 4 Lanes 2pm-3:30pm								Adult Fitness Swim 12:00-1:00pm 5 lanes								Adult Fitness Swim 12:00-1:00pm 5 lanes								Splash and Swim								12:00-1:00 PM								
Pool Closed								U of U 4 Lanes 2pm-3:30pm								U of U 4 Lanes 2pm-3:30pm								Pool Closed								Pool Closed								Pool Closed (Indoor Open)								Pool Closed (Indoor Open)								1:00-2:00 PM								
Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								2:00-3:00 PM								
Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								3:00-4:00 PM
Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								4:00-5:00 PM
Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								5:00-6:00 PM
Pool Closed								Pool Closed								Pool Closed								Both Pools Closed								Both Pools Closed								Pool Closed (Indoor Open)								Building Closed								6:00-7:00 PM								
Pool Closed								Pool Closed								Pool Closed								Both Pools Closed								Both Pools Closed								Pool Closed (Indoor Open)								Building Closed								7:00-8:00 PM								
Pool Closed								Pool Closed								Pool Closed								Both Pools Closed								Both Pools Closed								Pool Closed (Indoor Open)								Building Closed								8:00-9:00 PM								
Pool Closed								Pool Closed								Pool Closed								Both Pools Closed								Both Pools Closed								Pool Closed (Indoor Open)								Building Closed								9:00-10:00 PM								
Pool Closed								Pool Closed								Pool Closed								Both Pools Closed								Both Pools Closed								Pool Closed (Indoor Open)								Building Closed								10:00-11:00 PM								
Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming																
Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team																
No lanes available								No lanes available								No lanes available								No lanes available								No lanes available								No lanes available								No lanes available																
Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming																