

Time	Sunday										Monday										Tuesday										Wednesday										Thursday										Friday										Saturday															
	Lanes					(Deep)					Lanes					(Deep)					Lanes					(Deep)					Lanes					(Deep)					Lanes					(Deep)					Lanes					(Deep)																				
	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1
5:00-6:00 AM	Building Closed																																																																											
6:00-7:00 AM											AFS 4 lanes 6am-7am										AFS 4 lanes 6am-7am										AFS 4 lanes 6am-7am										AFS 4 lanes 6am-7am																																			
7:00-8:00 AM																AFS 4 lanes 7am-8am															AFS 4 lanes 7am-8am																																													
8:00-9:00 AM											Water Aerobics 5 Lanes 8:30-9:30AM															Water Aerobics 5 Lanes 8:30-9:30AM										Water Aerobics 5 Lanes 8:30-9:30AM					Adult Fitness Swimming 8-10:00 5 lanes																																			
9:00-10:00 AM																																				Swim Team 3-5 Lanes 9-11am																																								
10:00-11:00 AM	Water Aerobics 4 Lanes 10:30-11:30AM																				Water Aerobics 4 Lanes 10-11AM										Water Aerobics 4 Lanes 10-11AM										Water Aerobics 4 Lanes 10-11AM																																			
11:00-12:00 PM											IAFS										IAFS										IAFS										IAFS																																			
12:00-1:00 PM											AFS 6 Lanes 12-1PM										AFS 6 Lanes 12-1PM										AFS 6 Lanes 12-1PM										AFS 6 Lanes 12-1PM																																			
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5:00-6:00 PM											Swim Team 4-5 Lanes 5-6:30 PM					STAT 4 lanes 5:15 - 6:30 PM										Swim Team 4-5 Lanes 5-6:30 PM					STAT 4 lanes 5 - 6:30 PM																																													
6:00-7:00 PM											Swim Team 3-5 Lanes 6:30-8:00					AFS 4 Lanes 6:30-7:30										Swim Team 3-5 Lanes 6:30-8					AFS 4 Lanes 6:30-7:30										AFS 4 Lanes 6:30-7:30																																			
7:00-8:00 PM											Adult Water Polo 7:30pm-9:00pm 6 lanes										Swim Team 4-5 Lanes 6:30-8pm					Water Aerobics 4 lanes 6:30-7:30 PM					Swim Team 3 Lanes 7:30-9pm																																													
8:00-9:00 PM																																																																												
9:00-10:00 PM	Pool Closed to Public																																																																											
10:00-11:00 PM																																																																												
Lap Swimming	Lap Swimming																																																																											
Water Walking	Water Walking																																																																											
Swim Team	Swim Team																																																																											
No lanes available	No lanes available																																																																											
Water Aerobics	Water Aerobics																																																																											
STAT	STAT																																																																											

Schedule is subject to change without prior notice

Salt Lake City Sports Complex

Sunday								Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Times							
East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West																									
1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8		1	2	3	4	5	6	7
Building Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								5:00 AM															
								Building Closed								OUTDOOR CLOSED								OUTDOOR CLOSED								OUTDOOR CLOSED								OUTDOOR CLOSED								OUTDOOR CLOSED								6:00-7:00 AM							
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