INDOOR POOL
Week of 8/27/23

Salt Lake City Sports Complex
385-468-1925

Pool hours and lanes are LIMITED
For up-to-date hours and availability please call ahead

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-6:00 AM	Building Closed						Building Closed
6:00-7:00 AM				AFS 4 lanes 6am-7am	AFS 4 lanes 6am-7am	AFS 4 lanes 6am-7am	
7:00-8:00 AM					AFS 4 lanes 7am-8am		
8:00-9:00 AM		Water Aerobics 5 Lanes 8:30-9:30AM		Water Aerobics 5 Lanes 8:30-9:30AM		Water Aerobics 5 Lanes 8:30-9:30AM	
9:00-10:00 AM			Water Aerobics 4 Lanes 10-11AM	Water Aerobics 4 Lanes 10-11AM	Water Aerobics 4 Lanes 10-11AM		
10:00-11:00 AM	Water Aerobics 4 Lanes 10:30-11:30AM						
11:00-12:00 PM				IAFS	IAFS	IAFS	
12:00-1:00 PM				AFS 6 Lanes 12-1PM	AFS 6 Lanes 12-1PM	AFS 6 Lanes 12-1PM	
1:00-2:00 PM		Indoor Pool Closed					
2:00-3:00 PM		Shallow Closed					
3:00-4:00 PM		Shallow Closed					
4:00-5:00 PM	Pool Closed to Public	Shallow Closed	Swim Team 6 Lanes 4-5:30pm	Swim Team 6 Lanes 4-5:30pm			
5:00-6:00 PM		Swim Team 3 Lanes 5-6:30pm		Swim Team 3 Lanes 5-6:30pm	Swim Team 3 Lanes	Swim Team 3 Lanes 5-6:30pm	
6:00-7:00 PM			Skyline 3 Lanes 6:30-8pm; Water Aerobics 4 lanes 6:30-7:30 PM		Swim Team 3 Lanes 6:30-8pm; Water Aerobics 4 lanes 6:30-7:30 PM		
7:00-8:00 PM		Adult Water Polo 7:30pm-9:00pm 6 lanes					
8:00-9:00 PM		Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public
9:00-10:00 PM							
10:00-11:00 PM							

Lap Swimming
Water Walking
Swim Team
No lanes available
Water Aerobics
STAT

Schedule is subject to change without prior notice

SALT LAKE COUNTY PARKS & RECREATION

OUTDOOR POOL
Week of 8/27/23

Salt Lake City Sports Complex

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Times
East Lanes West 1 2 3 4 5 6 7 8	East Lanes West 1 2 3 4 5 6 7 8	East Lanes West 1 2 3 4 5 6 7 8	East Lanes West 1 2 3 4 5 6 7 8	East Lanes West 1 2 3 4 5 6 7 8	East Lanes West 1 2 3 4 5 6 7 8	East Lanes West 1 2 3 4 5 6 7 8	
Building Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	5:00 AM
	AFS 2 lanes 6-7am	AFS 2 lanes 6-7am	OUTDOOR CLOSED	OUTDOOR CLOSED	OUTDOOR CLOSED		6:00-7:00 AM
	AFS 2 lanes 7-8am						7:00-8:00 AM
						Adult Fitness Swimming 4 lanes 8:00-9:30am	8:00-9:00 AM
	Swim Lessons	Swim Lessons					9:00-10:00 AM
							10:00-11:00 AM
Adult Fitness Swim 11:30-12:30pm 4 lanes	IAFS						11:00-12:00 PM
Splash and Swim	Adult Fitness Swim 12:00-1:00pm 5 lanes	Adult Fitness Swim 12:00-1:00pm 5 lanes				Splash and Swim	12:00-1:00 PM
	Splash and Swim	Splash and Swim	Splash and Swim	Splash and Swim	Splash and Swim		1:00-2:00 PM
							2:00-3:00 PM
							3:00-4:00 PM
							4:00-5:00 PM
Building Closed							5:00-6:00 PM
	Adult Fitness Swim 6:30-7:30pm 4 lanes		Adult Fitness Swim 6:30-7:30pm 4 lanes		Adult Fitness Swim 6:30-7:30pm 4 lanes		6:00-7:00 PM
							7:00-8:00 PM
	Building Closed	Building Closed	Building Closed	Building Closed	Building Closed	Building Closed	8:00-9:00 PM
							9:00-10:00 PM
							10:00-11:00 PM
Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	
Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	
No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	No lanes available	
Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	Adult Fitness Swimming	

SALT LAKE COUNTY
PARKS & RECREATION