

Salt Lake City Sports Complex

Sunday									Monday									Tuesday									Wednesday									Thursday									Friday									Saturday									Times
East			Lanes			West			East			Lanes			West			East			Lanes			West			East			Lanes			West			East			Lanes			West																					
1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	
Building Closed									Pool Closed									Pool Closed									Pool Closed									Pool Closed									Pool Closed									5:00 AM									
																		AFS 2 lanes 6-7am									AFS 2 lanes 6-7am									AFS 2 lanes 6-7am									AFS 2 lanes 6-7am									AFS 2 lanes 6-7am									6:00-7:00 AM
																		Swim Team 2-5 Lanes 7-10am									Swim Team 2-5 Lanes 7-10am									Swim Team 2-5 Lanes 7-10am									Swim Team 2-5 Lanes 7-10am									Swim Team 2-5 Lanes 7-10am									7:00-8:00 AM
																											AFS 2 lanes 7-8am									AFS 2 lanes 7-8am									AFS 2 lanes 7-8am									Swim Team 4 Lanes 8:30-10:30am									8:00-9:00 AM
									Swim Lessons									Swim Lessons									Swim Lessons									Swim Lessons									Swim Lessons									9:00-10:00 AM									
Adult Fitness Swim 11:30-12:30pm 4 lanes																											IAFS									IAFS									IAFS									IAFS									10:00-11:00 AM
									Splash and Swim																		Adult Fitness Swim 12:00-1:00pm 5 lanes									Adult Fitness Swim 12:00-1:00pm 5 lanes									Adult Fitness Swim 12:00-1:00pm 5 lanes									Adult Fitness Swim 12:00-1:00pm 5 lanes									11:00-12:00 PM
									Swim Team 4 Lanes 1:30-3pm									Swim Team 4 Lanes 1:30-3pm									Swim Team 4 Lanes 2-4pm									Swim Team 2-3 Lanes 3-6pm									Swim Team 4 Lanes 2-4pm									12:00-1:00 PM									
									Swim Team 2-3 Lanes 3-6pm									Swim Team 2-3 Lanes 3-6pm									Swim Team 2-3 Lanes 3-6pm									Swim Team 2-3 Lanes 3-6pm									Swim Team 2-3 Lanes 3-6pm									1:00-2:00 PM									
									Splash and Swim									Splash and Swim									Team									Team									Team									2:00-3:00 PM									
																											Team									Team									Team									Team									3:00-4:00 PM
																																																															4:00-5:00 PM
																																																															5:00-6:00 PM
																																																															6:00-7:00 PM
									Adult Fitness Swim 6:30-7:30pm 4 lanes									Adult Fitness Swim 6:30-7:30pm 4 lanes									Adult Fitness Swim 6:30-7:30pm 4 lanes									Adult Fitness Swim 6:30-7:30pm 4 lanes									Adult Fitness Swim 6:30-7:30pm 4 lanes									6:00-7:00 PM									
Building Closed									Building Closed									Building Closed									Building Closed									Building Closed									Building Closed									7:00-8:00 PM									
																																																															8:00-9:00 PM
																																																															9:00-10:00 PM
																																																															10:00-11:00 PM
Lap Swimming									Lap Swimming									Lap Swimming									Lap Swimming									Lap Swimming									Lap Swimming																		
Swim Team									Swim Team									Swim Team									Swim Team									Swim Team									Swim Team									Swim Team									
No lanes available									No lanes available									No lanes available									No lanes available									No lanes available									No lanes available									No lanes available									
Adult Fitness Swimming									Adult Fitness Swimming									Adult Fitness Swimming									Adult Fitness Swimming									Adult Fitness Swimming									Adult Fitness Swimming									Adult Fitness Swimming									