

Salt Lake City Sports Complex

Sunday								Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Times							
East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West		East		Lanes				West																									
1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8		1	2	3	4	5	6	7
Building Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								Pool Closed								5:00 AM															
								Building Closed								AFS 2 lanes 6-7am								AFS 2 lanes 6-7am								AFS 2 lanes 6-7am								AFS 2 lanes 6-7am								AFS 2 lanes 6-7am								6:00-7:00 AM							
Building Closed																Swim Team 2-5 Lanes 7-10am								Swim Team 2-5 Lanes 7-10am								Swim Team 2-5 Lanes 7-10am								Swim Team 2-5 Lanes 7-10am								Swim Team 2-5 Lanes 7-10am								7:00-8:00 AM							
								Building Closed								Swim Team 3-4 Lanes 9-11am								Swim Lessons								Swim Lessons								Swim Lessons								Swim Lessons								8:00-9:00 AM							
Building Closed																Swim Lessons								Swim Lessons								Swim Lessons								Swim Lessons								Swim Team 4 Lanes 8:30-10:30am								9:00-10:00 AM							
								Building Closed								Swim Lessons								Swim Lessons								Swim Lessons								Swim Lessons								Swim Team 3-4 Lanes 10am-12pm								10:00-11:00 AM							
Building Closed																IAFS								IAFS								IAFS								IAFS								IAFS								11:00-12:00 PM							
								Building Closed								Adult Fitness Swim 12:00-1:00pm 5 lanes								Adult Fitness Swim 12:00-1:00pm 5 lanes								Adult Fitness Swim 12:00-1:00pm 5 lanes								Adult Fitness Swim 12:00-1:00pm 5 lanes								Adult Fitness Swim 12:00-1:00pm 5 lanes								12:00-1:00 PM							
Building Closed																Swim Team 4 Lanes 1:30-3pm								Swim Team 4 Lanes 1:30-3pm								Swim Team 4 Lanes 1:30-3pm								Swim Team 4 Lanes 1:30-3pm								Swim Team 4 Lanes 1:30-3pm								1:00-2:00 PM							
								Building Closed								Swim Team 2-3 Lanes 3-6pm								Swim Team 2-3 Lanes 3-6pm								Swim Team 2-3 Lanes 3-6pm								Swim Team 2-3 Lanes 3-6pm								Swim Team 2-3 Lanes 3-6pm								2:00-3:00 PM							
Building Closed																Swim Team 2-3 Lanes 3-6pm								Swim Team 2-3 Lanes 3-6pm								Swim Team 2-3 Lanes 3-6pm								Swim Team 2-3 Lanes 3-6pm								Swim Team 2-3 Lanes 3-6pm								3:00-4:00 PM							
								Building Closed								Team 2 Lanes 4-5:30pm								Team 2 Lanes 4-5:30pm								Team 2 Lanes 4-5:30pm								Team 2 Lanes 4-5:30pm								Team 2 Lanes 4-5:30pm								4:00-5:00 PM							
Building Closed																Adult Fitness Swim 6:30-7:30pm 4 lanes								Adult Fitness Swim 6:30-7:30pm 4 lanes								Adult Fitness Swim 6:30-7:30pm 4 lanes								Adult Fitness Swim 6:30-7:30pm 4 lanes								Adult Fitness Swim 6:30-7:30pm 4 lanes								6:00-7:00 PM							
								Building Closed								Adult Fitness Swim 6:30-7:30pm 4 lanes								Adult Fitness Swim 6:30-7:30pm 4 lanes								Adult Fitness Swim 6:30-7:30pm 4 lanes								Adult Fitness Swim 6:30-7:30pm 4 lanes								Adult Fitness Swim 6:30-7:30pm 4 lanes								7:00-8:00 PM							
Building Closed																Building Closed								Building Closed								Building Closed								Building Closed								Building Closed								8:00-9:00 PM							
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Building Closed																Building Closed								Building Closed								Building Closed								Building Closed								Building Closed								10:00-11:00 PM							
								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming								Lap Swimming															
Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team															
No lanes available								No lanes available								No lanes available								No lanes available								No lanes available								No lanes available								No lanes available															
Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming								Adult Fitness Swimming															