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\*Schedule is subject to change without prior notice\*

Salt Lake City Sports Complex

Sunday									Monday									Tuesday									Wednesday									Thursday									Friday									Saturday									Times									
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																		Legends 3-4 Lanes 9-11am																											Swim Team 4 Lanes 8:30-10:30am									Swim team 8-10am 3 Lanes									Adult Fitness Swimming 4 lanes 8:00-9:30am									8:00-9:00 AM
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									Adult Fitness Swim 11:30-12:30pm 4 lanes									IAFS									Adult Fitness Swim 12:00-1:00pm 5 lanes									IAFS									Adult Fitness Swim 12:00-1:00pm 5 lanes									IAFS									11:00-12:00 PM									
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