

| Sunday | | | | | | | | | | Monday | | | | | | | | | | Tuesday | | | | | | | | | | Wednesday | | | | | | | | | | Thursday | | | | | | | | | | Friday | | | | | | | | | | Saturday | | | | | | | | | | Time | | | | | | | | | | | | | | | | | | | | |
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| (Shallow) Lanes | | | | | (Deep) | | | | | (Shallow) Lanes | | | | | (Deep) | | | | | (Shallow) Lanes | | | | | (Deep) | | | | | (Shallow) Lanes | | | | | (Deep) | | | | | (Shallow) Lanes | | | | | (Deep) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 | 10 | 9 | 8 | 7 | | 6 | 5 | 4 | 3 | 2 | 1 | 0 | | | | | | | | | | | | | |
| Building Closed | | | | | | | | | | Swim Team 3 Lanes 6-7:30am | | | | | | | | | | AFS 3 Lanes 5:30-7 | | | | | | | | | | AFS 3 Lanes 5:30-7 | | | | | | | | | | AFS 3 Lanes 5:30-7 | | | | | | | | | | Swim Team 3 Lanes 6-7:30am | | | | | | | | | | AFS 3 Lanes 5:30-7 | | | | | | | | | | Building Closed | | | | | | | | | | 5:00-6:00 AM | | | | | | | | | | |
| | | | | | | | | | | AFS 3 Lanes 7-8am | | | | | | | | | | Water Aerobics 4 Lanes 8:30-9:30AM | | | | | | | | | | Water Aerobics 4 Lanes 8:30-9:30AM | | | | | | | | | | Water Aerobics 4 Lanes 8:30-9:30AM | | | | | | | | | | Water Aerobics 4 Lanes 8:30-9:30AM | | | | | | | | | | Water Aerobics 4 Lanes 8:30-9:30AM | | | | | | | | | | 6:00-7:00 AM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | Water Aerobics 5 Lanes 10:30-11:30AM | | | | | | | | | | Water Aerobics 4 Lanes 10-11AM | | | | | | | | | | Water Aerobics 4 Lanes 10-11AM | | | | | | | | | | Water Aerobics 4 Lanes 10-11AM | | | | | | | | | | Water Aerobics 4 Lanes 10-11AM | | | | | | | | | | Water Aerobics 4 Lanes 10-11AM | | | | | | | | | | 7:00-8:00 AM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | AFS 11:30-12:30 6 lanes | | | | | | | | | | IAFS | | | | | | | | | | IAFS | | | | | | | | | | IAFS | | | | | | | | | | IAFS | | | | | | | | | | IAFS | | | | | | | | | | 8:00-9:00 AM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | AFS 12-1 6 Lanes | | | | | | | | | | AFS 12-1 6 Lanes | | | | | | | | | | AFS 12-1 6 Lanes | | | | | | | | | | AFS 12-1 6 Lanes | | | | | | | | | | AFS 12-1 6 Lanes | | | | | | | | | | 9:00-10:00 AM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 10:00-11:00 AM | | | | | | | | | | | | | | | | | | | | |
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| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 2:00-3:00 PM | | | | | | | | | | |
| Pool Closed to Public | | | | | | | | | | YAFS 4 Lanes 4pm-5pm | | | | | | | | | | YAFS 4 Lanes 4pm-5pm | | | | | | | | | | YAFS 4 Lanes 4pm-5pm | | | | | | | | | | YAFS 4 Lanes 4pm-5pm | | | | | | | | | | YAFS 4 Lanes 4pm-5pm | | | | | | | | | | YAFS 4 Lanes 4pm-5pm | | | | | | | | | | 3:00-4:00 PM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | Swim Team 1-2 Lanes 5pm-6:45pm | | | | | | | | | | STAT 4 lanes 5:15 - 6:30 PM | | | | | | | | | | Swim Team 1-2 Lanes 5pm-6:45pm | | | | | | | | | | STAT 4 lanes 5:15 - 6:30 PM | | | | | | | | | | Swim Team 1-2 Lanes 5pm-6:45pm | | | | | | | | | | STAT 4 lanes 5:15 - 6:30 PM | | | | | | | | | | Swim Team 1-2 Lanes 5pm-6:45pm | | | | | | | | | | STAT 4 lanes 5:15 - 6:30 PM | | | | | | | | | | 4:00-5:00 PM |
| | | | | | | | | | | AFS 4 Lanes 6:30-7:30 | | | | | | | | | | Water Aerobics 4 lanes 6:30-7:30 PM | | | | | | | | | | Water Aerobics 4 lanes 6:30-7:30 PM | | | | | | | | | | Water Aerobics 4 lanes 6:30-7:30 PM | | | | | | | | | | Water Aerobics 4 lanes 6:30-7:30 PM | | | | | | | | | | Water Aerobics 4 lanes 6:30-7:30 PM | | | | | | | | | | 5:00-6:00 PM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | Adult Water Polo 7:30pm-9:00pm 6 lanes | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 6:00-7:00 PM | | | | | | | | | | |
| | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | 7:00-8:00 PM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | 8:00-9:00 PM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | 9:00-10:00 PM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | Pool Closed to Public | | | | | | | | | | 10:00-11:00 PM | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | Lap Swimming | | | | | | | | | | Lap Swimming | | | | | | | | | | Lap Swimming | | | | | | | | | | Lap Swimming | | | | | | | | | | Lap Swimming | | | | | | | | | | Lap Swimming | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | Water Walking | | | | | | | | | | Water Walking | | | | | | | | | | Water Walking | | | | | | | | | | Water Walking | | | | | | | | | | Water Walking | | | | | | | | | | Water Walking | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swim Team | | | | | | | | | | Swim Team | | | | | | | | | | Swim Team | | | | | | | | | | Swim Team | | | | | | | | | | Swim Team | | | | | | | | | | Swim Team | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| No lanes available | | | | | | | | | | No lanes available | | | | | | | | | | No lanes available | | | | | | | | | | No lanes available | | | | | | | | | | No lanes available | | | | | | | | | | No lanes available | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Water Aerobics | | | | | | | | | | Water Aerobics | | | | | | | | | | Water Aerobics | | | | | | | | | | Water Aerobics | | | | | | | | | | Water Aerobics | | | | | | | | | | Water Aerobics | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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Schedule is subject to change without prior notice