

Lap Swimming Water Walking Skyline Swim Team Splash and Swim County Program

Salt Lake City Sports Complex Indoor Pool Schedule

Time	Sunday, 4/13/2025		Monday, 4/14/2025		Tuesday, 4/15/2025		Wednesday, 4/16/2025		Thursday, 4/17/2025		Friday, 4/18/2025		Saturday, 4/19/2025		Time																																																		
	(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)																																																						
	10	9	8	7	6	5	4	3	2	1	0	10	9	8		7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2
5:00-6:00 AM	Building Closed										Building Closed										5:00-6:00 AM																																												
6:00-7:00 AM	Building Closed										AFS 3 Lanes 5:30-7										6:00-7:00 AM																																												
7:00-8:00 AM	Building Closed										AFS 3 Lanes 7-8 AM										7:00-8:00 AM																																												
8:00-9:00 AM	Building Closed										Water Aerobics 4 Lanes 8:30-9:30AM										8:00-9:00 AM																																												
9:00-10:00 AM	Building Closed										Water Aerobics 4 Lanes 8:30-9:30AM										9:00-10:00 AM																																												
10:00-11:00 AM	Water Aerobics 5 Lanes 10:30-11:30AM										Water Aerobics 4 Lanes 10-11AM										10:00-11:00 AM																																												
11:00-12:00 PM	AFS 11:30-12:30 6 lanes										IAFS										11:00-12:00 PM																																												
12:00-1:00 PM	AFS 12-1 6 Lanes										AFS 12-1 6 Lanes										12:00-1:00 PM																																												
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4:00-5:00 PM	Pool Closed to Public																				4:00-5:00 PM																																												
5:00-6:00 PM	Pool Closed to Public										Skyline 2 Lanes 5:30- STAT 4 lanes 5:15 - 6:30 PM										5:00-6:00 PM																																												
6:00-7:00 PM	Pool Closed to Public										AFS 4 Lanes 6:30-7:30 Adult Water Polo 7:30 PM-9:00 PM 6 lanes										6:00-7:00 PM																																												
7:00-8:00 PM	Pool Closed to Public										AFS 4 Lanes 6:30-7:30 Water Aerobics 4 lanes 6:30-7:30 PM Adult Water Polo 7:30 PM-9:00 PM 6 lanes										7:00-8:00 PM																																												
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