

SLC Sports Complex Lap Lane Schedule

	SUNDAY										MONDAY										TUESDAY										WEDNESDAY										THURSDAY										FRIDAY										SATURDAY																										
	(Shallow)			Lanes				(Deep)			(Shallow)			Lanes				(Deep)			(Shallow)			Lanes				(Deep)			(Shallow)			Lanes				(Deep)			(Shallow)			Lanes				(Deep)																																							
	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1
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Swim Teams

AFS (Adult Fitness Swim)

Open Lap Lanes

STAT

Water Walking

Water Aerobics

Schedule is subject to change without prior notice