Lap Swimming | Water Walking | Rental Swim Team | Splash and Swim | County Program

Salt Lake City Sports Complex Indoor Pool Schedule

Time	Sunday, 11/3/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Monday, 11/4/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Tuesday, 11/5/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Wednesday, 11/6/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Thursday, 11/7/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Friday, 11/8/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Saturday, 11/9/2024 (Shallow) Lanes (Deep) 10 9 8 7 6 5 4 3 2 1 0	Time
5:00-6:00 AM	Building Closed	AFS 3 Lanes 5:30-7	AFS 3 Lanes 5:30-7	AFS 3 Lanes 5:30-7	AFS 3 Lanes 5:30-7	AFS 3 Lanes 5:30-7	Building Closed	5:00-6:00 AM
6:00-7:00 AM		Rental 2 Lanes 6-7:30; Rental 3 Lanes 6-7:30am	Rental 2 Lane 6:15-7:30	Rental 2 Lanes 6-7:30; Rental 3 Lanes 6-7:30am	Rental 2 Lane 6:15-7:30	Rental 2 Lanes 6-7:30; Rental 3 Lanes 6-7:30am		6:00-7:00 AM
7:00-8:00 AM			AFS 3 Lanes 7-8 AM					7:00-8:00 AM
8:00-9:00 AM		Water Aerobics 4 Lanes 8:30-9:30AM		Water Aerobics 4 Lanes 8:30-9:30AM		Water Aerobics 4 Lanes 8:30-9:30AM		8:00-9:00 AM
9:00-10:00 AM								9:00-10:00 AM
10:00-11:00 AM	Water Aerobics 5 Lanes 10:30-11:30AM		Water Aerobics 4 Lanes 10-11AM	Water Aerobics 4 Lanes 10-11AM	Water Aerobics 4 Lanes 10-11AM			10:00-11:00 AM
11:00-12:00 PM	AFS 11:30-12:30 6 lanes	IAFS		IAFS		IAFS	Pool Closed to Public	11:00-12:00 PM
12:00-1:00 PM		AFS 12-1 6 Lanes	AFS 12-1 6 Lanes	AFS 12-1 6 Lanes	AFS 12-1 6 Lanes	AFS 12-1 6 Lanes		12:00-1:00 PM
1:00-2:00 PM						Judge 6 Lanes 1:00-2:30pm		1:00-2:00 PM
2:00-3:00 PM								2:00-3:00 PM
3:00-4:00 PM		Rental 6 Lanes 3:15-4:15pm; Rental 3 Lanes 3:30-5:00	Rental 6 Lanes 3:15-4:15pm; Rental 3 Lanes 3:30-5:00	Rental 3 Lanes 3:30-5:00; Rental 3 Lanes 3:45-5:15; Rental 3 Lanes 3:45-5:15	Rental 6 Lanes 3:15-4:15pm; Rental 3 Lanes 3:30-5:00	Rental 3 Lanes 3:30-5:00		3:00-4:00 PM
4:00-5:00 PM		Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 4:15-5:15pm		Rental 6 Lanes 4:15-5:15pm	Rental 5 lanes 4-5:30pm		4:00-5:00 PM
5:00-6:00 PM		Rental 5-6:30; Rental 4 lanes 5:15-6:45; STAT 4 lanes 5:15 - 6:30 PM	Swim Lessons; Rental 1-3 lanes 5:00-6:30; STAT 4 lanes 5:15 - 6:30 PM	Rental 1-3 lanes 5:00-6:30; STAT 4 lanes 5:15 - 6:30 PM	Swim Lessons; Rental 1-3 lanes 5:00-6:30; STAT 4 lanes 5:15 - 6:30 PM	Rental 1-3 lanes 5:00-6:30		5:00-6:00 PM
6:00-7:00 PM		AFS 4 Lanes 6:30-7:30	Water Aerobics 4 lanes 6:30-7:30 PM	Rental 5 lanes 6:30-8pm; AFS 4 Lanes 6:30-7:30	Water Aerobics 4 lanes 6:30-7:30 PM	AFS 4 Lanes 6:30-7:30		6:00-7:00 PM
7:00-8:00 PM	Pool Closed to Public	Adult Water Polo 7:30 PM-9:00 PM 6 lanes	Rental 4 lanes 7:30-9:00pm		Adult Water Polo 7:30 PM-9:00 PM 6 lanes			7:00-8:00 PM
8:00-9:00 PM								8:00-9:00 PM
9:00-10:00 PM		Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public	Pool Closed to Public		9:00-10:00 PM
10:00-11:00 PM								10:00-11:00 PM