

		Lap Swimming		Water Walking		Rental Swim Team		Splash and Swim		County Program																																																																																																					
Salt Lake City Sports Complex Indoor Pool Schedule																																																																																																															
Time	Sunday, 10/27/2024										Monday, 10/28/2024										Tuesday, 10/29/2024										Wednesday, 10/30/2024										Thursday, 10/31/2024										Friday, 11/1/2024										Saturday, 11/2/2024										Time																																								
	(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)										(Shallow) Lanes (Deep)																																																												
	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0																																		
5:00-6:00 AM	Building Closed																																																		Building Closed										5:00-6:00 AM																																																		
6:00-7:00 AM	Building Closed										Rental 2 Lanes 6-7:30										Rental 3 Lanes 6-7:30am										AFS 3 Lanes 5:30-7																				AFS 3 Lanes 5:30-7										Rental 2 Lanes 6-7:30										Rental 3 Lanes 6-7:30am										AFS 3 Lanes 5:30-7										6:00-7:00 AM																				
7:00-8:00 AM	Building Closed																																																																						7:00-8:00 AM																																								
8:00-9:00 AM	Building Closed																				Water Aerobics 4 Lanes 8:30-9:30AM																				Water Aerobics 4 Lanes 8:30-9:30AM																				Water Aerobics 4 Lanes 8:30-9:30AM										Adult Fitness Swimming 8-10:00 5 lanes										8:00-9:00 AM																														
9:00-10:00 AM	Building Closed																																																												Rental 3-5 Lanes 9-11 AM										9:00-10:00 AM																																								
10:00-11:00 AM											Water Aerobics 5 Lanes 10:30-11:30AM																				Water Aerobics 4 Lanes 10-11AM										Water Aerobics 4 Lanes 10-11AM										Water Aerobics 4 Lanes 10-11AM																				10:00-11:00 AM																																								
11:00-12:00 PM											AFS 11:30-12:30 6 lanes										IAFS																				IAFS																				IAFS										11:00-12:00 PM																																								
12:00-1:00 PM											AFS 12-1 6 Lanes																				AFS 12-1 6 Lanes										AFS 12-1 6 Lanes										AFS 12-1 6 Lanes										AFS 12-1 6 Lanes										12:00-1:00 PM																																								
1:00-2:00 PM																																																													Judge 6 Lanes 1:00-2:30pm										1:00-2:00 PM																																								
2:00-3:00 PM																																																																							2:00-3:00 PM																																								
3:00-4:00 PM																					Rental 6 Lanes 3:15-4:15pm										Rental 6 Lanes 3:15-4:15pm										Rental 3 Lanes 3:30-5:00										Rental 3 Lanes 3:30-5:00										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 3:15-4:15pm										3:00-4:00 PM																														
4:00-5:00 PM	Pool Closed to Public										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 4:15-5:15pm										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 4:15-5:15pm										Rental 3 Lanes 3:30-5:00										Rental 3 Lanes 3:45-5:15										Rental 3 Lanes 3:45-5:15										Rental 3 Lanes 3:30-5:00										Rental 6 Lanes 4:15-5:15pm										Rental 5 lanes 4-5:30pm										4:00-5:00 PM
5:00-6:00 PM	Pool Closed to Public										Rental 5 lanes 5:15-6:45										STAT 4 lanes 5:15 - 6:30 PM										Swim Lessons										Rental 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM										Swim Lessons										Rental 1-3 lanes 5:00-6:30										STAT 4 lanes 5:15 - 6:30 PM										Rental 1-3 lanes 5:00-6:30										5:00-6:00 PM										
6:00-7:00 PM	Pool Closed to Public										Rental 4 lanes 5:15-6:45										AFS 4 Lanes 6:30-7:30										Swim Lessons										Rental 4 lanes 5:15-6:45										STAT 4 lanes 5:15 - 6:30 PM										Swim Lessons										Rental 1-3 lanes 5:00-6:30										Water Aerobics 4 lanes 6:30-7:30 PM										AFS 4 Lanes 6:30-7:30										6:00-7:00 PM										
7:00-8:00 PM	Pool Closed to Public										Adult Water Polo 7:30 PM-9:00 PM 6 lanes										Rental 4 lanes 7:30-9:00pm										Rental 5 lanes 6:30-8pm										AFS 4 Lanes 6:30-7:30										Water Aerobics 4 lanes 6:30-7:30 PM										AFS 4 Lanes 6:30-7:30										7:00-8:00 PM																																								
8:00-9:00 PM	Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										8:00-9:00 PM																																								
9:00-10:00 PM	Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										9:00-10:00 PM																																								
10:00-11:00 PM	Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										10:00-11:00 PM																																								