

		Lap Swimming		Water Walking		Rental Swim Team		Splash and Swim		County Program																																																																				
Salt Lake City Sports Complex Indoor Pool Schedule																																																																														
Time	Sunday, 10/20/2024			Monday, 10/21/2024			Tuesday, 10/22/2024			Wednesday, 10/23/2024			Thursday, 10/24/2024			Friday, 10/25/2024			Saturday, 10/26/2024			Time																																																								
	(Shallow) Lanes (Deep)			(Shallow) Lanes (Deep)			(Shallow) Lanes (Deep)			(Shallow) Lanes (Deep)			(Shallow) Lanes (Deep)			(Shallow) Lanes (Deep)			(Shallow) Lanes (Deep)																																																											
	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	10	9	8	7	6	5	4	3	2	1	0	
5:00-6:00 AM	Building Closed																								5:00-6:00 AM																																																					
6:00-7:00 AM	Building Closed			Rental 2 Lanes 6-7:30	Rental 3 Lanes 6-7:30am	AFS 3 Lanes 5:30-7			AFS 3 Lanes 5:30-7			Rental 2 Lanes 6-7:30	Rental 3 Lanes 6-7:30am	AFS 3 Lanes 5:30-7			Rental 2 Lanes 6-7:30	Rental 3 Lanes 6-7:30am	AFS 3 Lanes 5:30-7			Building Closed			6:00-7:00 AM																																																					
7:00-8:00 AM	Building Closed																								7:00-8:00 AM																																																					
8:00-9:00 AM	Building Closed																								8:00-9:00 AM																																																					
9:00-10:00 AM	Building Closed																								9:00-10:00 AM																																																					
10:00-11:00 AM	Building Closed			Water Aerobics 4 Lanes 8:30-9:30AM			Water Aerobics 4 Lanes 8:30-9:30AM			Water Aerobics 4 Lanes 8:30-9:30AM			Water Aerobics 4 Lanes 8:30-9:30AM			Water Aerobics 4 Lanes 8:30-9:30AM			Water Aerobics 4 Lanes 8:30-9:30AM			Rental 3-5 Lanes 9-11 AM	Building Closed			10:00-11:00 AM																																																				
11:00-12:00 PM	Building Closed			Water Aerobics 5 Lanes 10:30-11:30AM			Water Aerobics 4 Lanes 10-11AM			Water Aerobics 4 Lanes 10-11AM			Water Aerobics 4 Lanes 10-11AM			Water Aerobics 4 Lanes 10-11AM			Water Aerobics 4 Lanes 10-11AM			Water Aerobics 4 Lanes 10-11AM			Building Closed			11:00-12:00 PM																																																		
12:00-1:00 PM	Building Closed			AFS 11:30-12:30 6 lanes			IAFS			AFS 12-1 6 Lanes			AFS 12-1 6 Lanes			AFS 12-1 6 Lanes			AFS 12-1 6 Lanes			AFS 12-1 6 Lanes			Building Closed			12:00-1:00 PM																																																		
1:00-2:00 PM	Building Closed																								1:00-2:00 PM																																																					
2:00-3:00 PM	Building Closed																								2:00-3:00 PM																																																					
3:00-4:00 PM	Building Closed																								3:00-4:00 PM																																																					
4:00-5:00 PM	Building Closed			Rental 3 Lanes 3:30-5:00	Rental 6 Lanes 3:15-4:15pm	Rental 3 Lanes 3:30-5:00			Rental 6 Lanes 3:15-4:15pm	Rental 3 Lanes 3:30-5:00			Rental 3 Lanes 3:30-5:00	Rental 3 Lanes 3:45-5:15	Rental 3 Lanes 3:45-5:15	Rental 3 Lanes 3:30-5:00			Rental 6 Lanes 3:15-4:15pm	Rental 6 Lanes 4:15-5:15pm	Rental 3 Lanes 3:30-5:00			Rental 5 lanes 4-5:30pm	Building Closed			4:00-5:00 PM																																																		
5:00-6:00 PM	Building Closed			Rental 4 lanes 5:15-6:45	STAT 4 lanes 5:15 - 6:30 PM	Swim Lessons			Rental 1-3 lanes 5:00-6:30	STAT 4 lanes 5:15 - 6:30 PM	Rental 1-3 lanes 5:00-6:30			STAT 4 lanes 5:15 - 6:30 PM	STAT 4 lanes 5:15 - 6:30 PM	Rental 1-3 lanes 5:00-6:30			STAT 4 lanes 5:15 - 6:30 PM	STAT 4 lanes 5:15 - 6:30 PM	Rental 1-3 lanes 5:00-6:30			Rental 1-3 lanes 5:00-6:30	Building Closed			5:00-6:00 PM																																																		
6:00-7:00 PM	Building Closed			AFS 4 Lanes 6:30-7:30			Swim Lessons			Water Aerobics 4 lanes 6:30-7:30 PM			Rental 5 lanes 6:30-8pm	AFS 4 Lanes 6:30-7:30	Swim Lessons			Water Aerobics 4 lanes 6:30-7:30 PM			AFS 4 Lanes 6:30-7:30			Building Closed			6:00-7:00 PM																																																			
7:00-8:00 PM	Building Closed			Adult Water Polo 7:30 PM-9:00 PM 6 lanes			Swim Lessons			Rental Polo 4 lanes 7:30-9:00pm			Rental Polo 4 lanes 7:30-9:00pm			Swim Lessons			Adult Water Polo 7:30 PM-9:00 PM 6 lanes			Adult Water Polo 7:30 PM-9:00 PM 6 lanes			Building Closed			7:00-8:00 PM																																																		
8:00-9:00 PM	Pool Closed to Public																								8:00-9:00 PM																																																					
9:00-10:00 PM	Pool Closed to Public																								9:00-10:00 PM																																																					
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