

Lap Swimming

Water Walking

Rental Swim Team

Splash and Swim

County Program

Salt Lake City Sports Complex Indoor Pool Schedule

Time	Sunday, 1/5/2025										Monday, 1/6/2025										Tuesday, 1/7/2025										Wednesday, 1/8/2025										Thursday, 1/9/2025										Friday, 1/10/2025										Saturday, 1/11/2025										Time																																																												
	Shallow		Lanes						Deep		Shallow		Lanes						Deep		Shallow		Lanes						Deep		Shallow		Lanes						Deep		Shallow		Lanes						Deep																																																																																		
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4:00-5:00 PM	Building Closed										Rental 3 Lanes 3:30-5:00	Rental 6 Lanes 3:15-4:15pm	Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 3:15-4:15pm						Rental 3 Lanes 3:30-5:00	Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 3:15-4:15pm						Rental 3 Lanes 3:30-5:00	Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 3:15-4:15pm						Rental 3 Lanes 3:30-5:00	Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 3:15-4:15pm						Rental 3 Lanes 3:30-5:00	Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 4:15-5:15pm	Rental 6 Lanes 3:15-4:15pm						4:00-5:00 PM																																																																											
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