

		Lap Swimming		Water Walking		Rental Swim Team		Splash and Swim		County Program																																																																							
Salt Lake City Sports Complex Indoor Pool Schedule																																																																																	
Time	Sunday, 9/29/2024										Monday, 9/30/2024										Tuesday, 10/1/2024										Wednesday, 10/2/2024										Thursday, 10/3/2024										Friday, 10/4/2024										Saturday, 10/5/2024										Time										
	Shallow					Lanes					Deep					Shallow					Lanes					Deep					Shallow					Lanes					Deep					Shallow					Lanes					Deep																									
5:00-6:00 AM	Building Closed																																																		Building Closed										5:00-6:00 AM																				
6:00-7:00 AM	Building Closed										Rental 2 Lanes 6-7:30		Rental 3 Lanes 6-7:30am												Rental 2 Lanes 6-7:30		Rental 3 Lanes 6-7:30am		AFS 3 Lanes 5:30-7												Rental 2 Lanes 6-7:30		Rental 3 Lanes 6-7:30am		AFS 3 Lanes 5:30-7												6:00-7:00 AM																								
7:00-8:00 AM	Building Closed																				AFS 3 Lanes 7-8 AM												AFS 3 Lanes 5:30-7																						7:00-8:00 AM																										
8:00-9:00 AM	Building Closed										Water Aerobics 4 Lanes 8:30-9:30AM														Water Aerobics 4 Lanes 8:30-9:30AM														Water Aerobics 4 Lanes 8:30-9:30AM				Adult Fitness Swimming 8-10:30 5 lanes												8:00-9:00 AM																										
9:00-10:00 AM	Building Closed																																																																						9:00-10:00 AM										
10:00-11:00 AM	Water Aerobics 4 Lanes 10:30-11:30AM		Building Closed										Water Aerobics 4 Lanes 10-11AM														Water Aerobics 4 Lanes 10-11AM														Water Aerobics 4 Lanes 10-11AM				County Swim Meet										10:00-11:00 AM																										
11:00-12:00 PM	Building Closed										Pool Closed (Outdoor Open)																				IAFS												IAFS		County Swim Meet										11:00-12:00 PM																										
12:00-1:00 PM	Building Closed										Pool Closed (Outdoor Open)										AFS 12-1 6 Lanes														AFS 12-1 6 Lanes														AFS 12-1 6 Lanes				County Swim Meet										12:00-1:00 PM																		
1:00-2:00 PM	Building Closed										Pool Closed (Outdoor Open)																														Rental 6 Lanes 1:00-2:30pm																								1:00-2:00 PM																
2:00-3:00 PM	Building Closed										Pool Closed (Outdoor Open)																																																																						2:00-3:00 PM
3:00-4:00 PM	Building Closed										Pool Closed (Outdoor Open)										Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		Rental 3 Lanes 3:30-5:00												3:00-4:00 PM																																
4:00-5:00 PM	Building Closed										Pool Closed to Public										Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		STAT 4 lanes 5:15 - 6:30		Swim Lessons		Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		STAT 4 lanes 5:15 - 6:30		Swim Lessons		Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		STAT 4 lanes 5:15 - 6:30												4:00-5:00 PM																												
5:00-6:00 PM	Building Closed										Pool Closed to Public										Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		STAT 4 lanes 5:15 - 6:30		Swim Lessons		Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		STAT 4 lanes 5:15 - 6:30		Swim Lessons		Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		STAT 4 lanes 5:15 - 6:30		Rental 1-3 lanes 5:00-6:30												5:00-6:00 PM																										
6:00-7:00 PM	Building Closed										Pool Closed to Public										Rental 4 lanes 5:15-6:45		AFS 4 Lanes 6:30-7:30		Swim Lessons		Rental 1-3 lanes 5:00-6:30		AFS 4 Lanes 6:30-7:30		STAT 4 lanes 5:15 - 6:30		Swim Lessons		Rental 3 Lanes 3:30-5:00		Rental 6 Lanes 4:15-5:15pm		AFS 4 Lanes 6:30-7:30		Rental 1-3 lanes 5:00-6:30		AFS 4 Lanes 6:30-7:30												6:00-7:00 PM																										
7:00-8:00 PM	Building Closed										Pool Closed to Public										Adult Water Polo 6 lanes 7:30 PM-9:00 PM														Rental 5 lanes 6:30-8pm				AFS 4 Lanes 6:30-7:30		Adult Water Polo 6 lanes 7:30 PM-9:00 PM														7:00-8:00 PM																										
8:00-9:00 PM	Building Closed										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										8:00-9:00 PM
9:00-10:00 PM	Building Closed										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										9:00-10:00 PM
10:00-11:00 PM	Building Closed										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										Pool Closed to Public										10:00-11:00 PM