**Kossover Tennis Center Summer 2020 Tennis Programs**

In cooperation with Genesis Health Clubs, Kossover Tennis Center will be conducting tennis lessons, programs, and tournaments for all ages and levels of play. Our goal is to make this lifelong sport a part of your life forever. Tennis has so many positive attributes that will impact your health, fitness, mental and emotional states.

Our programs are conducted by trained tennis professionals that can guide you on your tennis journey. We have equipment to borrow and sell if you need to get started.

Kossover Tennis Hotline- call for information / questions / sign up for courts and classes > 785.273.0030.

Kossover Tennis Director – Branden Joost- [bjoost@genesishealthclubs.com](mailto:bjoost@genesishealthclubs.com).

**Adult Programs – Play Tennis Topeka –**

**Try Tennis for FREE!** Our program will get you started on the right path. You will be amazed what you will accomplish during your first 1 hour lesson. Equipment is provided. This is a great program for anyone that has not played or is returning to the game.

Age: 16+

WHEN: June 15 9-10 a.m., 6-7 p.m.; June 16 9:00-10:00 a.m.; June 17 6:30-7:30 p.m.; June 18 10-11a.m.; June 19 8:30-9:30 a.m.; June 20 9:00 – 10:00 a.m.

Register with Branden at [bjoost@genesishealthclubs.com](mailto:bjoost@genesishealthclubs.com) or call 785.273.0030 to reserve your spot. Bring a friend or a family member.

**Learn Tennis! Play Tennis Topeka** – This 5 week program will teach you strokes, strategy, singles / doubles, and you will have lots of fun. You will be ready to play the rest of your life in just 5 lessons. Our coaches will supervise and give you the points to make you better each week. Equipment is available for use.

Dates and Times to be determined directly following the Try Tennis program. Price - $50

**Adult Doubles/Mixed Doubles**

LEVEL: Advanced Beginner/Intermediate/Advanced

Date: Mon.6:30-8 p.m. beginning June 15.

Fee: $5 per player for TTA members, $10 per player for non-members.

This drop in Program is for all levels. Our coordinator of the program will pair you up with other attending players. Tennis balls will be provided. Call ahead weekly to reserve your spot. Players may drop in, however spots for play may be filled. Call 785.273.0030 or contact Caroline at [CHau@genesishealthclubs.com](mailto:CHau@genesishealthclubs.com)

**Play With Pro Opportunities:**

One of the best ways to learn the game is to play with a pro. This innovative approach will give you an opportunity to team up with the pro to learn the strategies and tactics to better your play.

LEVEL: Any and all levels

WHEN: Set up a time and three total players to work on a theme as you play doubles. Cost is $15 per player for 1.5 hour Session. Call 785.273.0030 to set your drill up today.

**Tuesday Night 3.0-3.5 Men’s/Women’s Doubles Drill**

This fast paced program will provide repetitive, cooperative, competitive drilling and games. We will cover basic tactics and strategies in doubles.

LEVEL: Men/Women 3.0-3.5 USTA Rated Players.

WHEN: 6:30-8:00 p.m.

DATES: June 16- July 21 (Summer Session I), July 28- September 1 (Summer Session II)

Fee: $90 per player per session. Must have three players registered to hold class. DROP IN PRICE- $20. Call 785.273.0030.

**Saturday Morning 3.5 – 4.0 Drills and Thrills**

This fast paced program will provide repetitive, cooperative, competitive drilling and games. We will cover basic tactics and strategies in doubles.

LEVEL: 3.5-4.0 USTA Rated Players

WHEN: 9:30-11 a.m.

DATES: June 20-July 25 (Summer Session I), July 11- September 12 (no class September 5) (Summer Session II), Fee: $90 per player per session. DROP IN PRICE- $20. Must have three players signed up to host class).

**KOSSOVER SOCIAL TENNIS LEAGUE (Adult):**

WHO: Anyone (adult) who is interested in playing tennis FOR FUN!

WHAT: Social tennis league. Sessions offer casual tennis play, food and drinks. The first Monday of each Session will also include optional instruction with a pro from 6:00 – 7:30 p.m., in addition to the play.

WHEN: 6-8 p.m. Tues. June 16-Aug. 18

Session 1: June 16-July 7

Session 2: July 14-August 4

WHERE: Kossover Tennis Center, 2501 SW Gage, Topeka, KS 66614

COST: $20 per player for TTA members, $40 per player for non-members per session

CONTACT: Branden Joost at bjoost@genesishealthclubs.com

**Summer Junior Tennis Programs:**

**Junior Team Tennis!**

**Junior team tennis is a great way to play against other players in the area for additional matchplay experience and a great way to meet new friends! All levels of play are welcome and both singles and doubles are played in a rotating format.**

DATES: June 15 -July 31. Summer ending party and tourney on July 31.

Fee: $50 per player

Age: Challengers Division (11-14 years of age - advanced beginner):

Time: Mon., Wed., Fri. 9-10:30 a.m.

Champions Division (13-18 years of age -intermediate to advanced):

Time: Tue., Thur., Fri. 9-10:30 a.m.

**Evening Junior Team Tennis!**

**Junior team tennis is a great way to play against other players in the area for additional matchplay experience and a great way to meet new friends! All levels of play are welcome and both singles and doubles are played in a rotating format.**

Date: June 15-July 31. Summer ending party and tourney on July 31. Cost is $60 per player for the summer session.

Age: Challengers/Champions Levels

When: Tue., Thurs., Fri. 5:30-7 p.m. No evening class on July 31 since there will be a Pizza Party for all Junior Team tennis players.

\*Junior Team Tennis Pizza Party and Tournament 9 a.m.-Noon July 31.

**Junior Instructional Programs:**

DATES: Summer Session I (June 15- July 6). Summer Session II (July 13- August 3)

**Pre Rally Red Ball – Ages 4-5 years**

This program is designed to create hand eye coordination, passing skills, physical coordination, and partnered activities. Kids will use modified equipment and skills for success and achievement.

Ages: 4-5

Time: 8:30 – 9:00 Mon., Wed.

Cost: $32 per session per player. Must have three players signed up to host class.

**Red Ball- Ages 6-8 years.**

**Slower balls, smaller courts and shorter rackets enable players to play the game from the first lesson. Players start to play fun, team-based games and develop good technique and use realistic tactics. Up to 23” racket is recommended. Please wear athletic shoes.**

Age: Red Ball Tennis (Ages 6-8).

Time: 9-10 a.m. Mon., Wed.

Cost: $64 per session per player. Must have three players signed up to host class.

**Orange Ball – Ages 8-10 years**

**Players move to a larger court, relevant to their size. The ball is slightly faster, but continues to provide an optimal striking zone and the ability to implement advance tactics. 23-25” racket is recommended. Please wear athletic shoes.**

Age: Orange Ball Tennis (Ages 8-10).

Time: 10-11 a.m. Mon., Wed.

Cost: $64 per session per player. Must have three players signed up to host class.

**Green Ball – Ages 10-12 years.**

**The ball is faster than at Orange, but still slower and lower bouncing than the yellow ball, helping players to continue to develop good technique and to implement advanced tactics. 25-26” racket is recommended. Please wear athletic shoes.**

Age: Green Ball Tennis (Ages 10-12).

Time: 9-10:30 a.m. Tues., Thur.

Cost: $85 per player per session. Must have three players signed up to hold class.

**Middle School / High School Excellence Program**

**This class is for Middle School / High School aged players that have participated in tennis in the past year either in lessons or on their school team. JV or practice team level on their school team. Concepts of offense/defense will be introduced in both singles and doubles. A variety of adaptive skills will be trained using dead ball drills, live ball drills and competitive play situations in all areas of the court.**

Age: Middle School and High School

Time: 10:30-Noon Tue., Thurs.

$85 per player per session. Must have three players signed up to host class.

**Level 1- New Players – JV Program**

**This class is for JV level or brand-new tennis players. Basic techniques of forehand, backhand, volleys, serve and return will be introduced. A variety of skills will be introduced using dead ball drills, live ball drills and an introduction to competitive situations.**

Age: Middle School and High School

Time: Noon – 1:30 Tue., Thurs.

$85 per player per session. Must have three players signed up to host class.

**Level 2- Varsity Level Program**

**This program is for the junior player who is focused on competitive play and played at the varsity level. Training sessions will include tactical, technical, mental and physical training in order to help players improve their game.**

Age: Middle School and High School

Time: 1:00-3:00 Mon., Tue., Thurs.

$128 per player per session. Must have three players signed up to host class.