

### Rosters

- League play will be 3-on-3 | Coach should submit roster to scorekeeper before tipoff

### Equipment

Game balls: Provided at each location.

Size: Mini

### Rim height

4 feet

### Game Play

**Clock stoppages:** Quarter breaks (1 min) | Halftime (3 min)

**Coaches:** May be on court as needed | *Please stay out of way of officials*

**Fouls:** Team fouls will not be counted | No free throws in 4U | Fouls may be called, if needed, but not recorded | Officials may send out a player who has committed multiple fouls; coaches should help

**Game length:** FOUR 5-minute quarters

**Possession:** Coin toss to begin game | alternating possession on jump ball calls + start of each quarter.

**Substitutions:** Teams may substitute as needed.

**Timeouts:** No timeouts will be awarded | Official discretion may be used in certain circumstances.

**Violations:** This is an instructional/intro league. Most violations will not be called unless egregious or one team gaining clear advantage over another. **We are here for the kids to play and have fun. We want them to have fun playing with friends and making new ones.**

### Scores and standings

Scores and standings are NOT kept.

### IN GAME RULES – Offense

Teams may play any type of offense.

### IN GAME RULES – Defense

**Wristbands:** We will **not** use wristbands at this age. We do not want to confuse little ones with giving them an extra thing to learn just yet. No double teams, no guarding across half court at any time.

**Stealing:** No stealing of the ball will be allowed while it is being possessed (*either held or dribbled*). Ball may be stolen on a pass or a loose ball.

Updated October 23, 2023