

Salt Lake City Sports Complex

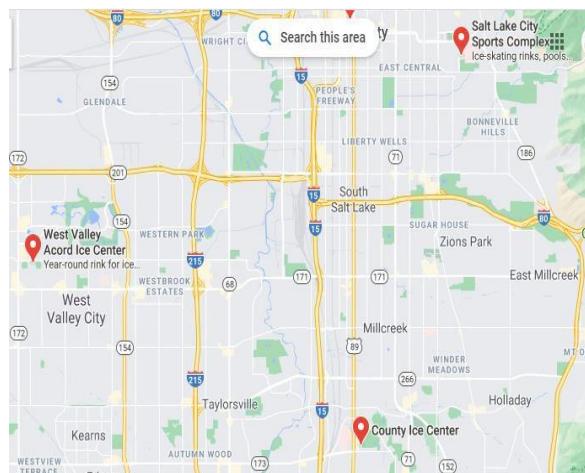
**645 South Guardsman Way
Salt Lake City, UT 84108 Phone:
(385) 468-1925**

Salt Lake County Ice Center

**5201 South Murray ParkLane
Murray, UT 84107 Phone: (385)
468-1650**

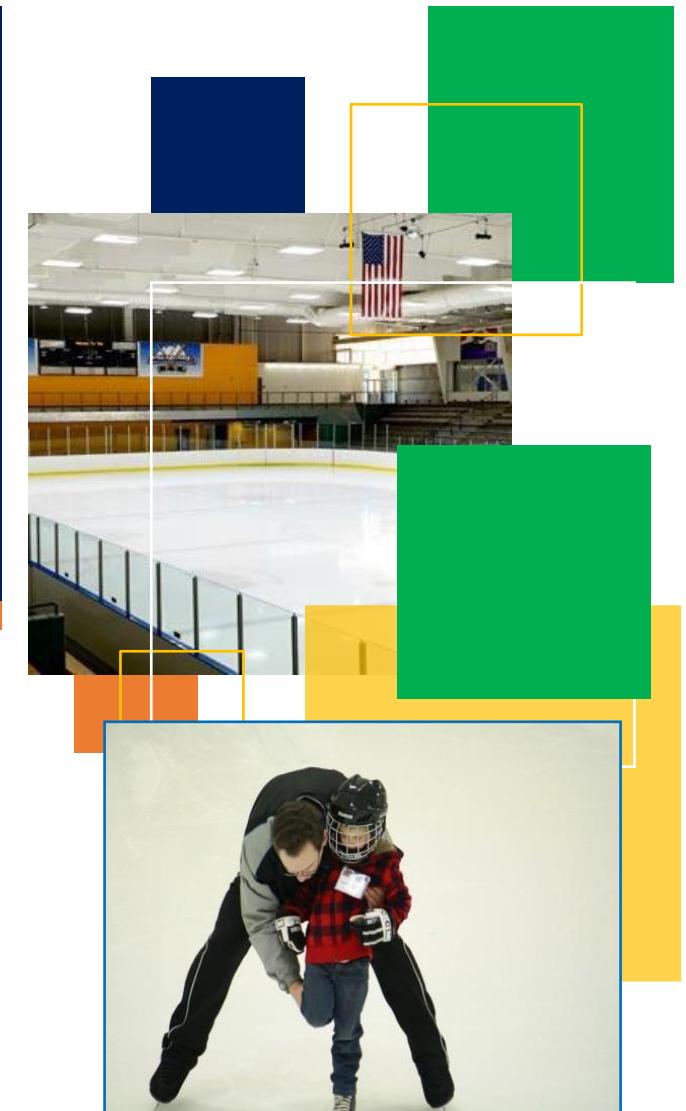
Acord Ice Center

**5353 West 3100 South
West Valley City, UT 84120
Phone: (385) 468-1965**



Salt Lake County Licensed Coaches

Coaches are responsible for teaching and inspiring competitive and recreational skaters, sharing the joy of hockey or figure skating and creating a lifelong love of the sport. A coach is an instructor, a role model and a support system, and Salt Lake County adheres to the high standards of excellence for its coaching community.



Salt Lake County Ice Centers Coaching Guidelines

“Improving the lives through people, parks, and play.”



Procedures for Coaching or Critiquing at any County Ice Facility

Coaches interested in coaching at our ice facilities are required to be compliant through one of the governing bodies or skating associations. Compliance includes USFS, ISI, or US Speed Skating membership. With that membership you will be given or required to do a Safe Sport certification test, a background check, and acquire insurance for coaches. Once you complete these steps, then you will be given a member number. Please put your number and your information on the license the front desk person gives you to fill out on your first day. Please add the copy of your insurance with the license. You will be entered into our compliance data base and be able to skate at any of our ice centers.

Program contacts for each ice center

Salt Lake City Sports Complex
Jesse Gambrell
Jgambrell@slco.org
(385)468-1917

Acord Ice Center
Kate Nicoll
Knicoll@slco.org
(385)468-1971

County Ice Center
Raegan Scharman
Rscharman@slco.org
(385)468-1645

Cost per session

\$7.00 per hour

\$250 monthly

Coaches can register online for sessions or walk up to the front desk if the session is not full.



Freestyle Rules

- 1) Freestyle sessions are open to skaters to train on specific figure skating skills such as jumps, choreography, dance and MITF (Moves In The Field).
- 2) Freestyle skater patrons must yield to other skaters' jumping patterns and to skaters whose program is playing.
- 3) At the discretion of Ice Rink personnel during a busy session, skaters skating in the program may be required to wear a sash.
- 4) Stopping or standing is not allowed on the ice, however, skaters and coaches may stop and stand next to ice rink boards.
- 5) Coaching may only be done by Salt Lake County licensed coaches.
- 6) Salt Lake County licensed coaches and skaters must pay for freestyle session before entering the ice.
- 7) Headphones may not be worn on the ice, however coaches working on choreography may use headphones for that limited purpose.
- 8) Skaters must practice their skills in designated
- 9) Parents and spectators may view freestyle sessions from the lobby or bleachers.
- 10) No more than 25 skaters/coaches during a freestyle session.
- 11) Food or beverages is prohibited on the ice.
- 12) Group lessons of more than 2 skaters per coach are allowed on designated "clinic" freestyle sessions.
- 13) Skaters must wait their turn to have their program played. Programs shall be played according to the order they are left in the box. If there is a line, a skater in lesson is allowed to bump every other skater in line. Skaters may play their music once per session or until all skaters have played their own music. All programs shall be played from start to finish.