



## **SHAWNEE YMCA**

### **U6 Thunder Basketball Rules**

#### **I. Playing Time**

- A. U6 will play 5 on 5.
- B. All players must play at least half of the game

#### **II. Official Game Time**

- A. Four (8) minute quarters.
- B. The clock will run continuously and will only be stopped for time outs, injuries, and the last thirty (:30) seconds of each quarter on all dead ball situations.
- C. There will be one minute between quarters and three minutes for half time.

#### **III. Press**

- A. No press of any type is allowed.
- B. Defensive players must retreat to inside of the offensive team's 3-point arc and allow the ball & the player with the ball to cross mid-court unimpeded.

#### **IV. Time Outs**

- A. Each team is allowed two (2) time-outs per half; time-outs will not carry over from half to half.
- B. Time-outs will last approximately 30 seconds.
- C. The coach or the players on the court may call time-outs.
- D. The team in possession of the ball can only call a time-out.
- E. If a dead ball situation occurs, either team may call a time-out.

#### **V. Scoring**

- A. Score will be kept only on the scoreboard for this league. No team will get up by more than 15 points.

#### **VI. Defense**

- A. Man-to-man is the only defense permitted in this league.
- B. There will be no steals off the dribble. Steals can be made off the pass.
- C. Double-teaming will not be allowed.
- D. The penalty for infraction of these rules will be to return the ball to the offensive team.
- E. Shot attempts may be blocked.

#### **VII. Basket Height / Free Throws**

- A. Basket height will be eight (8.0) feet.
- B. Free throws will be shot in this division.

#### **VIII. Ball Size**

- A. Kindergarten will be using a junior size ball (27.5).

## **IX. Miscellaneous**

- A. Each team will provide one individual for the official's table.
- B. Home to will begin the game having possession with alternating possession thereafter.
- C. No lane violations will be called in this league.
- D. A forfeit is called ten (10) minutes after scheduled game time if one team does not have enough players to start the game. A team may start and end the game with as few as four (4) players.
- E. Games will not be rescheduled due to a team conflict with the published schedule. The only games that will be rescheduled will be the result of inclement weather or a problem with the facility.
- F. One coach can be on the floor but must avoid being in the way of the game.
- G. The following rules will be the official playing rules. Should a dispute occur, we will refer to the following set up rules first and then to the NFHS Rule Book. The Sports Director or Sports Coordinator (s) will have the final ruling in all matters.
- H. Games will not be rescheduled due to a team conflict with the published schedule. The only games that will be rescheduled will be the result of inclement weather or a problem with the facility.
- I. If a coach or a fan is ejected from the game, they will automatically be ineligible for the next game. Further penalty may be assessed if necessary.

## **X. YMCA Mission Statement**

To put Christian principles into practice through programs that build a healthy spirit, mind, and body for all.