



Shawnee YMCA 2023- 2024 Sports Packet

Shawnee YMCA 23-24 Youth Sports

Winter

YMCA Thunder Basketball & Cheerleading

Registration Sept. 11th – November. 21st

Season: December – February

Spring

Soccer – Track & Field – Flag Football – Cheerleading

Registration: January 1st – February 19th

Season: March - May

Summer

Volleyball – Baseball – Thunder Basketball

Registration: March 11th – April 22nd

Season: May – July

Fall

Flag Football – Soccer – Cheerleading – Baseball (ages 3-8)

Registration: July 1st – August 19th

Season: August – November

YMCA PLEDGE

**WIN OR LOSE,
I PLEDGE BEFORE GOD
TO PLAY THE GAME
AS WELL AS I KNOW HOW;
TO OBEY ALL THE RULES,
TO BE A GOOD SPORT AT ALL TIMES,
AND TO IMPROVE MYSELF
IN SPIRIT, MIND, AND BODY.**



Shawnee Family YMCA

Parents Code of Ethics

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.
- I will place the emotional and physical well-being of each child ahead of a personal desire to win.
- I will support the implementation of the YMCA's four character development values-caring, honesty, respect and responsibility.
- I will attend all practices and games for my child, or make appropriate arrangements for an adult to be present.
- I will demand a sports environment for my child that is free of drugs, tobacco (all forms) and alcohol, and will refrain from their use at all YMCA youth sports events.
- I will remember the game is for youths – not for adults.
- I will do my very best to make the youth sports experience for my child.
- I will help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching or character development or providing transportation.
- I will treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability.



YMCA Youth Sports Concussion Plan

Players

- Educate regarding signs and symptoms of concussion, as well as misguided information.
- Provide educational materials via YMCA sports website
- Require mouth pieces for Flag Football.
- Recommend mouth pieces for all sports.
- A player receiving any type of head impact regardless of source, will be removed from the game and will be unable to return.

Coaches/Assistant Coaches

- Educate regarding signs and symptoms of concussion, as well as misguided information.
- Require NFHS or CDC Heads Up Concussion Training
- Provide educational materials via YMCA sports website
- Provide parents with concussion symptoms document in the event of a suspected concussion.
- Provide or confirm medical clearance documentation to YMCA Program Director prior to allowing player to return.
- Follow the 3 R's, recognize, respond, return to play, in the event of a suspected concussion.

Officials

- Educate regarding signs and symptoms of concussion, as well as misguided information.
- Require NFHS or CDC Heads Up Concussion Training
- Provide educational materials via YMCA sports website
- Any team or game official who becomes aware or suspects that a child has sustained a concussion should immediately remove the child from the practice or game. Child should be removed from play when:
 - A child has taken, or is suspected to have taken, a blow or impact to the head or body with potential to cause a concussion.
 - A team or game official becomes aware or suspects that a child is exhibiting signs, symptoms, or behaviors consistent with sustaining a concussion.
- The game official will be responsible for documenting the circumstances of the injury, notifying the athlete's parents/guardians, coach and YMCA Leadership and, when appropriate, enacting the emergency action plan.